



ABOUT ME

PERSONAL GOALS:

To represent Australia at the Olympics.

FAVOURITE SPORTING TEAM:

Liverpool Football Club

MY ROLE MODELS:

Kyle Chalmers and Lionel Messi.

FAVOURITE SCHOOL SUBJECT:

Maths and Science.

CAREER GOALS:

Playing in the Premier League and Swimming for Australia.

Hudson Slater

Metropolitan North Region

Football – Queensland School Sport
Merit Team 2021

Swimming – Queensland School Sport
Merit Team 2021

Metropolitan North representative in
Aquathon & Track and Field
Other sports: AFL, Water polo

What advice would you give to another athlete wanting to succeed in their sport?

“Keep training hard and make every touch count. Be your best self and have fun”

MY ATHLETE JOURNEY

What is your favourite school sport memory?

I once filled in for the Peninsula Region 4x100m Track & Field relay team at the Queensland School Sport Championships. They had an injury in warm up and needed a runner. I had never run a circular relay before but gave it a go. We ended up finishing 3rd and I shared the podium with my new friends.

What motivates you to continue on your athlete journey?

To keep improving and one day make it to the Premier League.

What personal habits / routines do you use to prepare for “Game day”?

I don't have any pre-game routines, but I do eat a massive healthy breakfast.

What do you enjoy most about competing?

I love challenging myself and having fun.

Where did your school sport journey begin and how has it impacted your growth as a person and athlete?

In primary school, our PE teacher always encouraged me to try my best and new things. School sport helps me to be more organised and set goals for myself. I have enjoyed making new friends in different regions across many sports.



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