



ABOUT ME

PERSONAL AND CAREER GOALS:

To become a professional sports person and to compete at the Olympics.

FAVOURITE SPORTING TEAMS:

Matildas, Geelong and the Broncos.

MY ROLE MODELS:

Sam Kerr and Tayla Harris

FAVOURITE SCHOOL SUBJECT:

Health and Physical Education

IF YOU MET YOUR FAVOURITE ATHLETE, WHAT QUESTION WOULD YOU ASK THEM?

What advice can you give me about becoming an elite sports person?

What is your favourite school sport memory?

Making my first Queensland School Sport Merit team this year and being named player of the championships.

What motivates you to continue on your athlete journey?

I love participating in all sports and particularly enjoy the friendships and competition.

What personal habits / routines do you use to prepare for "Game day"?

I don't really have a routine, in fact I'm pretty disorganised when it comes to being ready of game day. I'm normally looking for my shin pads. I have had lucky socks over the years.

What do you enjoy most about competing?

I love the thrill of competition and working as a team to achieve goals. This is why I tend to be involved in team sports rather than individual sports.

What aspect of training or competition do you believe you need to improve the most?

At the moment, I am finding it difficult to focus on a specific sport but this has also had its advantages.

What advice would you give to another athlete wanting to succeed in their sport?

Give other sports a go. This allows you to develop your skills in other areas. Playing other sports also takes the pressure off your main sport.

Layla Collins

Wide Bay Region

Queensland School Sport
Merit Teams 2021:
AFL, Football and Rugby League

*Tayla Harris Player of the
Championships - AFL*

Wide Bay Representative:
Aquathlon, Cross Country, Netball,
Touch Football and Track & Field,

Other sports: Swimming and Futsal

All athletes on occasions have bad days, either at training, in competition or both. How do you overcome these "low" days?

"I reflect for a while and then get over it. There's always more opportunities around the corner. You shouldn't be taking things so seriously as a 12 year old. Sport is supposed to be fun."

MY ATHLETE JOURNEY