

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Time	Relay					Place
Event # 17 Boys 10yrs 5x1000m Relay						
17:13.00	SC					SC 1
Cooper Elliott	Sebastian Fenson		Ethan Marais		Leo Hyde	
Marcus Achterberg	3:27.00	3:24.00	3:27.00	3:31.00	3:24.00	
17:15.00	MN					MN 2
Jayden Patten	Joshua Lenz		Toby Millard		Joshua Pereira	
Jack Kingsnorth	3:29.00	3:29.00	3:29.00	3:34.00	3:14.00	
17:18.00	ME					ME 3
Winston Rogers	Nicholas Serafini		Obinna Okeke		Alistair Preston	
Ellis Beasley	3:29.00	3:37.00	3:25.00	3:32.00	3:15.00	
17:19.00	SU					SU 4
Callum Thomas	Seth Toghill		Henry Hopper		Hugo Melnyk	
Lachlan Heeks	3:25.00	3:23.00	3:33.00	3:37.00	3:21.00	
18:03.00	DD					DD 5
Flynn Pearce	Connor Talbot		Judah Lean		Declan Campbell	
Judah Magarey	3:30.00	3:38.00	3:37.00	3:51.00	3:27.00	
18:20.00	MW					MW 6
Harrison Leese	Mason Chalker		Ryder Wilson		Darcy Maguire	
Charlie Wellings	3:39.00	3:41.00	3:39.00	3:44.00	3:37.00	
18:45.00	Cap					CAP 7
Bede Childs	Taj Swift		Patrick Taylor		Jonathan Lucas	
Anderson Church	3:36.00	3:36.00	3:48.00	3:57.00	3:48.00	
18:50.00	P					P 8
Nathan Brierley	Hudson Miller		Parker Lee		Micah Wallace	
Israel Waters	3:40.00	3:49.00	3:46.00	3:49.00	3:46.00	
18:58.00	N					N 9
Luke Rose	Tybius Heron		Harrison Gava		Charlie Mabb	
Korbin Ellis	3:41.00	3:45.00	4:48.00	3:39.00	3:05.00	
18:59.00	WB					WB 10
James Kelmanson	Loghan Roberts		Cameron Sorbello		Eamon Lovett	
Pim O'Connor	3:43.00	3:43.00	3:51.00	4:00.00	3:42.00	

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Event # 17 Boys 10yrs 5x1000m Relay

19:44.00

			NW					NW	11
Riley Balbi			Jad Gentles				James Walker		Lauchlan Alcorn
Callem Bambling									
	3:43.00	4:02.00	4:01.00	4:02.00	3:56.00				
	3:56.00								

19:52.00

				SW				SW	12
Kip Lomas				Hugo Hewitt			Tyson White		Josh Moore
James Hoch									
	3:43.00	3:55.00	4:02.00	4:04.00	4:08.00				

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Event # 18 Girls 10yrs 5x1000m Relay

18:14.00						SU		SU	1
	Skye Robertson		Alice Abrahams		Nellie Pocock		Wilmien Kraaji		
	Georgi Seels-Wood								
	3:36.00	3:32.00	3:40.00	3:43.00	3:43.00				
19:01.00						SC		SC	2
	Eva Shortreed		Amity Lynch		Ivy Rameau		Amelia Webb		
	Scarlett Hodges								
	3:48.00	3:48.00	3:46.00	4:01.00	3:38.00				
19:11.00						MN		MN	3
	Ava Owen		Ava Gard		Alira Michailidis		Ella Hammond		
	Grace Hunter								
	3:46.00	3:50.00	3:51.00	4:03.00	3:41.00				
19:25.00						ME		ME	4
	Melody Chambers		Rachel Tarr		Pollyana Sprague		Zoe Raudino		
	Olive Barrett								
	3:44.00	4:05.00	3:57.00	3:58.00	3:41.00				
19:43.00						WB		WB	5
	Starla O'Shanesy		Grace Woodard		Aria Wb1		Amaiah Miller		
	Atlanta Day								
	3:59.00	3:56.00	4:01.00	4:00.00	3:47.00				
19:49.00						MW		MW	6
	Bronte Els		Zara Wood		Kirra Radway		Avery Jones		
	Lila Pegg								
	3:54.00	3:59.00	3:57.00	4:08.00	3:51.00				
20:02.00						DD		DD	7
	Piper Banaszek		Charlotte Coote		Ayesha Parrock		Charlotte Gooderham		
	Rose Farquhar								
	3:54.00	4:08.00	3:57.00	4:04.00	3:59.00				
20:22.00						Cap		CAP	8
	Ashleigh Chopping		Daisy Scott		Sarah McKenzie		Georgia Frankish		
	Eva Noonan								
	3:53.00	3:54.00	4:11.00	4:07.00	4:17.00				
20:27.00						P		P	9
	Alexandrea (Ola) Marcysiak		Nikkola Veronese		Emma Jan P		Luka Yoshida		
	Layla Morris								
	4:01.00	4:07.00	4:10.00	4:10.00	3:59.00				
20:33.00						SW		SW	10
	Penny Schmidt		Josie Nolan		Katie Reddan		Taylaj Thureson		
	Lucy Gray								
	3:58.00	3:55.00	4:06.00	4:11.00	4:23.00				

Relay Results

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Event # 18 Girls 10yrs 5x1000m Relay

20:44.00

N

N

11

Layla Brown

Charlotte Finn

Sophie Ham

Ella Campbell

Isabelle Williams

3:47.00

4:01.00

4:13.00

4:15.00

4:28.00

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 19 Mixed 10-12 6x1000m Relay Multi-Class

33:14.00	Mixed Region Relay Team				MRT	1
Peter Flaherty	Alexis Kalofonos		Oliver Buxton		Essie McCrystal	
Hayden Charlton						
	4:12.00	9:09.00	8:17.00	6:28.00	5:09.00	
18:38.00	MW				MW	2
Rowan Gillam	Charlie Christensen		Lillie Eadie		Daniel Phillips	
	4:38.00	5:10.00	4:37.00	4:14.00		
24:22.00	DD				DD	3
Rylan Arthy	Luke Cameron		Joseph Cullen		Cassidy Dudley	
Odin Phillips						
	4:39.00	4:49.00	4:27.00	5:20.00	5:05.00	
28:14.00	Cap				CAP	4
Lachlan McHugh	Harley Stokes		Cody Cousens		Maia Shoecraft	
	8:17.00	7:16.00	7:27.00	6:33.00		

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Event # 20 Boys 11yrs 5x1000m Relay

16:26.00						ME		ME	1
Tom Hendy Mowat			Daniel Lane			Saxon Cranefield		Lachie Frohlich	
Emmett Thirkill									
	3:14.00	3:21.00	3:17.00	3:17.00	3:17.00				
16:46.00						SC		SC	2
Knox Anderson			Ethan Rowe			Roman Jones		Orlando Stinton	
Henry Chapman									
	3:17.00	3:21.00	3:28.00	3:30.00	3:10.00				
16:53.00						SU		SU	3
Braxton Lambourn			Dylan Stent			Will Ottaway		Braxton Kunde	
Jack Potter									
	3:19.00	3:18.00	3:23.00	3:24.00	3:29.00				
16:59.00						P		P	4
Lewis Williams			Ben Bissett			David Kostecki		Kobe Roberts	
Ash Mayes									
	3:01.00	3:19.00	3:36.00	3:35.00	3:28.00				
17:04.00						MW		MW	5
Jake Hogendoorn			Lachlan Gordon			Adam Langmack		Eamon Alexander	
Joshua Aloia									
	3:22.00	3:17.00	3:26.00	3:37.00	3:22.00				
17:13.00						DD		DD	6
Sam Bryant			Oliver McAuley			Henry Haase		Tom Oliphant	
Henry Reeves									
	3:21.00	3:19.00	3:35.00	3:41.00	3:17.00				
17:16.00						MN		MN	7
Leo Millhouse			Lachy King			Nick Bray		Torben Moller	
Dylan Reid									
	3:26.00	3:26.00	3:33.00	3:36.00	3:15.00				
17:35.00						N		N	8
Jack Oberg			Cameron Dobbins			Gibson Westcott		Nate Giddy	
Eamon Williams									
	3:18.00	3:31.00	3:28.00	3:38.00	3:40.00				
17:39.00						Cap		CAP	9
Nicholas James			Zane Harris			Rocky Gadd		Ace Ballantyne	
Eli Pethers									
	3:26.00	3:24.00	3:34.00	3:36.00	3:39.00				
17:57.00						WB		WB	10
Bowen Williams			Blake Wb2			Benjamin Barkley		Finn Pomeranke	
Jake Perkins									
	3:24.00	3:36.00	3:42.00	3:39.00	3:36.00				

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Event # 20 Boys 11yrs 5x1000m Relay

18:53.00

			SW				SW		11
Chad Cahill		Jack Pilcher		Avery Mead			Riley Valler		
William McLean									
	3:33.00	3:44.00	3:49.00	3:50.00	3:57.00				

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Event # 21 Girls 11yrs 5x1000m Relay

17:21.00					SU					SU	1
Grace Sheridan					Sophie Doyle					Scarlett van den Hurk	Clara Short
Violet Ward											
	3:21.00	3:24.00	3:33.00	3:35.00	3:28.00						
17:28.00					DD					DD	2
Rose Stead					Steph Jeude					Natalie Anderson	Grace Scott
Lucy Barnes											
	3:29.00	3:28.00	3:36.00	3:37.00	3:18.00						
17:45.00					SC					SC	3
Sophie Martin					Lucia Yadav					Elsbeth Hooper	Laylani Lino
Ellie Eckstein											
	3:27.00	3:32.00	3:42.00	3:50.00	3:14.00						
17:56.00					MN					MN	4
Charlotte Reed					Sasha Setu					Taylor Muridge	Amelie Guy
Victoria Huang											
	3:28.00	3:40.00	3:43.00	3:44.00	3:21.00						
18:17.00					Cap					CAP	5
Ayla Moon					Madison Malagueno					Mila Rice	Ayla Hardy
Elloise Robertson											
	3:18.00	3:33.00	3:39.00	3:49.00	3:58.00						
18:24.00					ME					ME	6
Isabella Welch					Harriet Bowen					Milla Cocciolone	Grace Irvine
Emily Algate											
	3:29.00	3:48.00	3:50.00	3:36.00	3:41.00						
18:26.00					MW					MW	7
Claudia Lekieffre					Sofia Ede					Camille Smith	Isabelle Heeley
Juliana Stander											
	3:28.00	3:33.00	3:33.00	3:51.00	4:01.00						
19:12.00					P					P	8
Mia Bamford					Halle Cygler					Olivia Stork	Mikayla P
Rosalie Begemann											
	3:43.00	3:44.00	3:54.00	3:54.00	3:57.00						
19:57.00					WB					WB	9
Alexis Davis					Emilia Davis					Hannah Keen	Shayla Robertshaw
Indica Obst											
	3:49.00	4:07.00	3:57.00	4:14.00	3:50.00						
19:58.00					SW					SW	10
Heidi Hirst					Elouise Fraser					Maddison Hair	Tahlia Newton
Ava Horgan											
	3:57.00	3:46.00	4:06.00	4:16.00	3:53.00						

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Event # 21 Girls 11yrs 5x1000m Relay

20:01.00

			N				N	11
Amelie Vincent		Georgia Gamble		Lacey Jayasuria			Ayla Coles	
Aleeah Taylor								
	3:52.00	3:51.00	4:05.00	4:19.00	3:54.00			

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Event #	Boys	12yrs	5x1000m Relay							
15:44.00							SC		SC	1
	Kobie Wales						Henko Van Der Merwe		Ashton Coward	Kai Hawker
	Finn Watt									
		3:04.00	3:11.00	3:12.00	3:15.00	3:02.00				
15:46.00							MN		MN	2
	Callum Bailey						Zac Fox		Thomas Merlin	Jack Harding
	Hayden Huang									
		3:09.00	3:11.00	3:16.00	3:14.00	2:56.00				
15:52.00							MW		MW	3
	Conor Mathewson						Alessio Rizk		William Law	Finn Copeman
	Benjamin Schinard									
		3:03.00	3:13.00	3:22.00	3:11.00	3:03.00				
16:04.00							ME		ME	4
	Thomas Hockaday						James Turley		Asha Creighton	Gilbert Barrett
	Oliver Jobbins									
		3:08.00	3:27.00	3:01.00	3:17.00	3:11.00				
16:18.00							Cap		CAP	5
	Sonny Morse						Lachlan Johnson		Nathaniel Espartinez	Jack Robertson
	Hudson Mayfield									
		3:01.00	3:18.00	3:25.00	3:20.00	3:14.00				
16:53.00							SU		SU	6
	Jake Thomas						Conor Donnellan		Ari Byrne	Chrysler McLoughli
	Sebastian Barry									
		3:13.00	3:20.00	3:25.00	3:26.00	3:29.00				
17:08.00							N		N	7
	Levi Murray						Oliver Dibben		Joshua Kwa	Archer Smerdon
	Charlie Williams									
		3:29.00	3:11.00	3:24.00	3:32.00	3:32.00				
17:13.00							P		P	8
	Zachaly Hudson						Beau Stitt		Khy Allen	Yuri Lesic
	Oliver Whiteside									
		3:10.00	3:25.00	3:27.00	3:33.00	3:38.00				
17:30.00							DD		DD	9
	Hayden Lobwein						Lewis Sharp		Toby Lean	Henry O'Toole
	Nazarlo Larkin									
		3:31.00	3:27.00	3:30.00	3:30.00	3:32.00				
17:55.00							SW		SW	10
	Flynn White						Emerson Proud		Oliver Hendriksen	Harry Thomas
	Cooper SW									
		3:09.00	3:28.00	3:26.00	3:50.00	4:02.00				

Relay Results

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Event # 22 Boys 12yrs 5x1000m Relay

18:13.00

WB

WB

11

James Parton

Kobe Wb3

Kyran Bailey

Edward-Martin Stra

Baylin McKay

3:30.00

3:49.00

3:43.00

3:37.00

3:34.00

Relay Results

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Event # 23 Girls 12 yrs 5 x 1000m Relay

16:47.00						ME		ME	1
Keilani Kratzmann			Mya Heath				Miranda Bowen	Charlotte Snelling	
Gabrielle Kranen									
	3:19.00	3:21.00	3:20.00	3:24.00	3:23.00				
17:03.00						MW		MW	2
Gemma de Villiers			Zoe Renton				Amelia Lee	Lilee Unwin	
Claire Riot									
	3:19.00	3:26.00	3:25.00	3:37.00	3:16.00				
17:20.00						SC		SC	3
Indiana Stinton			Siena Picton				Asha Bagley	Rylee Sladden	
Summer Murray									
	3:22.00	3:25.00	3:32.00	3:48.00	3:13.00				
17:26.00						SU		SU	4
Amelia Sheridan			Olivia Dunstan				Lily Best	Isabella Everson	
Elize Caton									
	3:07.00	3:33.00	3:34.00	3:41.00	3:31.00				
17:46.00						MN		MN	5
Eliza Bulger			Maddy Burke				Emilia Schulze	Allegra Fotheringha	
Lucy Page									
	3:35.00	3:35.00	3:27.00	3:51.00	3:18.00				
17:47.00						P		P	6
Ella Mayes			Liliana Oberdan				Isabelle Matthews	Ruby Pender	
Lauren Baldwin									
	3:23.00	3:30.00	3:43.00	3:32.00	3:39.00				
17:56.00						Cap		CAP	7
Alleah Fallon			Olivia Price				Shana Paterson	Rose Brandon	
Katie Noonan									
	3:33.00	3:22.00	3:31.00	3:45.00	3:45.00				
18:02.00						DD		DD	8
Elkie Wood			Leila Hardy				Sienna Johnson	Skyla McMahon	
Mary Haase									
	3:25.00	3:38.00	3:45.00	3:50.00	3:24.00				
18:25.00						N		N	9
Veronika Parfenyuk-Crowden			Shelley-Claire Wells				Sophie Fletcher	Milla Chapman	
Charlee Snell									
	3:25.00	3:40.00	3:40.00	3:49.00	3:51.00				
18:40.00						WB		WB	10
Elise Vaughan			Abigail de Bruyn				Scarlett Fleming	Lyla McVeity	
Mia McKenzie									
	3:40.00	3:39.00	3:52.00	3:44.00	3:45.00				

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QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 23 Girls 12 yrs 5 x 1000m Relay

19:44.00

Millie Williams

Dallas Price

Felicity Wells

Ivy Nolan

11

Isabella Moodley

3:47.00

3:52.00

4:00.00

3:51.00

4:14.00

SW

SW

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event #	Boys	Relay	Relay Results					State	Relay	Order
24:14.00		5x1500m Relay						MN		1
	Matthew Turner		Callum Wood		Ryan Fistr		MN	Jerome Meili		
	Ben Vickery									
		4:42.00	4:57.00	4:52.00	4:52.00	4:51.00				
24:32.00								MW		2
	Caleb van Deventer		Jacob Bardell		Xavier Morrell		MW	Joshua Algate		
	Max Blackwell									
		4:48.00	4:55.00	5:00.00	5:01.00	4:48.00				
24:40.00								ME		3
	Cameron Cox		Andrew McConnel		Callum Johns		ME	Oakley Rose		
	Tate Van Camp									
		4:55.00	5:07.00	5:13.00	4:56.00	4:29.00				
24:56.00								SU		4
	Sam Newsham		Harry Best		Tyler Johnson		SU	William Creen		
	Bodhe Franks									
		4:42.00	4:57.00	5:06.00	5:09.00	5:02.00				
24:57.00								SC		5
	Kobe Barron		Hayden Ozoux		Kaelan Ward		SC	Connor Toney		
	Luka Brown									
		4:55.00	5:01.00	5:03.00	5:01.00	4:57.00				
26:46.00								CAP		6
	Reef Large		Marcell Medina		Will Barker		CAP	Levi Prossliner		
	Archie Roney									
		5:05.00	5:22.00	5:33.00	5:33.00	5:13.00				
26:51.00								P		7
	Issac Blue		Caden Allen		Beau Westcott		P	Finlay Fox		
	Lucas Williams									
		5:03.00	5:33.00	5:40.00	5:09.00	5:26.00				
26:52.00								DD		7
	Archie Smith		Elliot Schenk		Alby Galbraith		DD	Jeremy Koplick		
	Fred Ajaku									
		5:07.00	5:27.00	5:32.00	5:33.00	5:13.00				
27:44.00								WB		9
	Bailey Bowman		Hudson McArthur (Ac)		Vinnie Vella		WB	Cooper Dale		
	Lachie Hudson									
		5:25.00	5:32.00	5:46.00	5:45.00	5:16.00				
28:33.00								N		10
	Lachlan Tengbom		Hugo Williams		Frankie Rayner-Searle		N	Lachlan Cameron		
	Flint Hendle									
		5:22.00	5:31.00	5:34.00	5:50.00	6:16.00				
29:30.00								SW		11
	Max Gray		Hayden Blond		Declan Valler		SW	Mitchell Bain		
	Luke Moore									
		5:37.00	5:49.00	6:06.00	6:15.00	5:43.00				

Relay Results
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Event # 26 Girls 13 5x1500m Relay

26:17.00				SC		SC	1
Piper Anderson		Layla Wyper		Lola Wight		Ella Cosgrave	
Elke Rayward							
	5:05.00	5:20.00	5:30.00	5:21.00	5:01.00		
26:59.00				MN		MN	2
Laura Bray		Georgiana Richardson		Zara Ferguson		Laylah Jones	
Zelmarie Van Loggerenberg							
	5:19.00	5:32.00	5:22.00	5:38.00	5:08.00		
27:12.00				ME		ME	3
Evie Wright		Ysabella Tomkins		Jasmyne Martinez		Sasha Josipovic	
Ava Johnston							
	5:20.00	5:30.00	5:30.00	5:39.00	5:13.00		
28:00.00				MW		MW	4
Chloe Ryan		Charlotte Wallace		Molly Lane		Arabella Carter	
Lilja Jonsdottir							
	5:23.00	5:33.00	5:51.00	5:39.00	5:34.00		
28:29.00				SU		SU	5
Jaz Pheonix Edmondstone		Eden Levin		Eva Williams		Lakey Bath	
Amelia Harman							
	5:00.00	5:30.00	5:45.00	6:30.00	5:44.00		
28:45.00				N		N	6
Brigitte Rose		Peppa Geisel		Harper Brown		Maddasen Elliott	
Ruby Chester							
	5:10.00	5:40.00	5:51.00	5:57.00	6:07.00		
28:46.00				DD		DD	7
Sinoia Chambers		Shari Gilbert		May Turkington		Ruby Richardson	
Addison Attrill							
	5:56.00	6:00.00	5:52.00	5:41.00	5:17.00		
29:29.00				P		P	8
Louise Lane		Miley Blackhurst		Jessica George		Olivia Agiannitis	
Kira-Pearl Dalgety							
	5:27.00	5:51.00	5:24.00	5:41.00	7:06.00		
30:43.00				Cap		CAP	9
Sophie Blackley		Sydney Smith		Catherine Ariens		Jemma Bowes	
Gabrielle Stewart							
	5:42.00	6:00.00	6:11.00	6:03.00	6:47.00		
32:21.00				SW		SW	10
Brydie Newton		Jordyn Thureson		Brydee Moore		Faith Iseppi	
Claire Harland							
	6:09.00	6:19.00	6:30.00	6:49.00	6:34.00		

Relay Results
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Event # 27 Mixed 13-19 6x1500m Relay

25:20.00				Mrt		MRT		1
Nick Kane		Heath Otto		Matilda Campling		Grace Brimelow		
	5:13.00	7:49.00	6:11.00	6:07.00				
25:39.00				ME		ME		2
Faith Walton-Bate		Siddhant Sachdeva		Brody Velthuis		Max Porter		
	7:14.00	7:01.00	5:44.00	5:40.00				
26:07.00				SC		SC		3
Jacob Zikman		Lilly-Anne Gould		Samuel Gould		Hunter Laubscher		
	5:10.00	7:16.00	5:16.00	8:25.00				
27:36.00				WB		WB		4
Hayleigh Kennedy		Abbie Laherty		Kelsey McPhie				
	8:34.00	11:17.00	7:44.00					
33:30.00				MW		MW		5
Liam Stenner		Jayden Eyres		Evelynne George		Phoebe Finlay		
Jaycob Aubrey-White								
	5:55.00	7:11.00	7:07.00	8:06.00				
	5:12.00							
42:14.00				DD		DD		6
Tomas Crump		Hamish Finlay		Shaykala Cherry		Jayden Graham		
Darius Lait								
	6:30.00	8:11.00	8:16.00	6:10.00				
	7:11.00	5:56.00						
35:44.00				Cap		CAP		7
Tehmarni Irving		Joshua Janson		Desmond Raymond		Levi Harris		
	11:54.00	10:44.00	7:04.00	6:01.00				
54:44.00				Cap		CAP		8
Azaria Wells		Beau Daley		Jesse Janson		Sami Major		
Dylan Rowe								
	8:55.00	12:53.00	10:13.00	12:16.00	10:28.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 28 Boys 14 5x1500m Relay

23:14.00					MW		MW	1
Daniel Moor					Oliver Gartner		Luca Gigliotti	Luke Unwin
Tom Nealon								
	4:35.00	4:43.00	4:43.00	4:39.00	4:34.00			
23:28.00					ME		ME	2
Zac Moore					Jack Jenvey		Hamish Cox	Sebastian Croke
Alex Butler								
	4:45.00	4:50.00	4:46.00	4:32.00	4:35.00			
23:29.00					MN		MN	3
Alexander Wain					Hannes Forbes-Schutz		Harry Prole	Perry Croft
Ethan Huang								
	4:29.00	4:47.00	4:43.00	4:57.00	4:33.00			
23:40.00					SU		SU	4
William Kisby					Troy Hundley		Jude Brimelow	Cohen Aczel
Wade Wallis								
	4:40.00	4:45.00	4:51.00	4:46.00	4:38.00			
24:01.00					SC		SC	5
Taj Murray					Lucas Gray		Bobby Kennealy Flegler	Jacob Hankinson
Koby Read								
	4:54.00	4:42.00	4:45.00	4:55.00	4:45.00			
25:32.00					DD		DD	6
Lachlan Groves					Brock Dawson		Keagan Kirpatrick	Isaac Newman
Ezekiel Lean								
	5:06.00	4:58.00	5:03.00	5:18.00	5:07.00			
25:49.00					Cap		CAP	7
Khobi Scanlan					Tanner Munro		Lucas Haack	Zane Saye
Arnav Dewan								
	4:54.00	5:00.00	5:13.00	5:24.00	5:18.00			
26:13.00					P		P	8
Harrison Roos					Ziggy Groot		Cooper Philp	Archie Reid
Jeremy Cahill								
	5:14.00	5:18.00	5:24.00	4:49.00	5:28.00			
26:31.00					N		N	9
Ethan Kwa					Darcy Cameron		Kaden Worthing	Charley Bales
Riley Simpson								
	4:58.00	5:10.00	5:36.00	5:34.00	5:13.00			
27:18.00					WB		WB	10
Alex Farmilo					Nathan Mollenhauer		Travis Garousse	Finnlay Patterson
James McCarthy								
	5:25.00	5:12.00	5:52.00	5:26.00	5:23.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 29 Girls 14 5x1500m Relay

26:11.00						ME		ME	1
Emily Boyd			Saffron Jenkinson			Piper Snow		Grace Adams	
Emma Fryga									
	5:11.00	5:33.00	5:18.00	5:14.00	4:55.00				
26:14.00						SU		SU	2
Addison Houslip			Mia Caple			Eva Nicol-Rann		Amity McCall	
Ruby Campbell									
	5:04.00	5:07.00	5:28.00	5:33.00	5:02.00				
26:15.00						SC		SC	3
Helena Butler			Elizabeth Bemrose			Zarah Farrington		Mia Chizonitti	
Savannah Bush									
	5:14.00	5:24.00	5:17.00	5:14.00	5:06.00				
26:18.00						MN		MN	4
Grace Campbell			Ava Thompson			Madison Rand		Nicola Jack	
Libby Mantay									
	5:06.00	5:22.00	5:12.00	5:30.00	5:08.00				
26:41.00						MW		MW	5
Sienna Barr			Olivia Temete			Leila Alexander		Layla Pennisi	
Ava Knox									
	5:04.00	5:23.00	5:30.00	5:25.00	5:19.00				
27:55.00						DD		DD	6
Georgia Brassington			Layla Magarey			Imogen Allen		Ella Donovan	
Abigail Barnes									
	5:22.00	5:30.00	6:10.00	5:27.00	5:26.00				
29:06.00						Cap		CAP	7
Kiara Johnson			Ellie Ralph			Isabell Read		Salvannah Ross	
Chloe Waples									
	5:36.00	5:46.00	5:58.00	5:50.00	5:56.00				
29:26.00						P		P	8
Verety Pickford			Chelsea Martel			Lily P		Layla Krause	
Carmen Matthews									
	5:34.00	5:58.00	6:00.00	5:46.00	6:08.00				
31:20.00						WB		WB	9
Layla Fulton			Sailah Wb5			Madeline Ayuya		Eve White	
Evelyn Hill									
	6:14.00	6:22.00	6:20.00	6:23.00	6:01.00				

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 30 Boys 15 5x1500m Relay

22:38.00					MN		MN	1
Zahn Spies		Will Banner		William McNally		Archer Boorer		
Zac Milligan								
	4:22.00	4:45.00	4:36.00	4:26.00	4:29.00			
22:51.00					ME		ME	2
Lachlan Moore		Harvey Hermiston		Angus Brown		Hugh Jones-Sheparc		
Oscar McKean								
	4:41.00	4:30.00	4:24.00	4:41.00	4:35.00			
23:12.00					SC		SC	3
Luke Gorski		Hunter Anderson		Aston Vicario		Leonardo Hughes		
Caiden Macfarlane								
	4:32.00	4:40.00	4:43.00	4:48.00	4:29.00			
23:31.00					MW		MW	4
Joshua Lehman		Jacob Algate		Nate Argent		Harrison Brown		
Dakota Stewart								
	4:42.00	4:50.00	4:42.00	4:52.00	4:25.00			
23:32.00					SU		SU	5
Jett Allen		Liam O'Neill		Harrison Knight		Jace Patti		
Nicholas Williams								
	4:38.00	4:25.00	4:49.00	4:57.00	4:43.00			
24:29.00					WB		WB	6
Levi Marsman		Harrison Cohen		Toby Young		Ryan Cunningham		
Rory Sloan								
	4:59.00	5:13.00	4:40.00	4:34.00	5:03.00			
24:43.00					DD		DD	7
Zac Harvey		Peter Freeman		Alex Waterworth		Kalan Potter		
Michael Jeude								
	4:44.00	5:16.00	4:58.00	5:08.00	4:37.00			
24:46.00					P		P	8
Rhys Stevens		Kaiden Roberts		Brandon Goode		Logan Stevens		
Cooper Glass								
	4:44.00	5:08.00	4:45.00	5:08.00	5:01.00			
25:54.00					Cap		CAP	9
Lachlan McVean		Jack Richardson		Tighe Butt-McGuire		Nate McKinnon		
Billy Baxter								
	4:57.00	5:06.00	5:07.00	5:29.00	5:15.00			
26:36.00					N		N	10
Brannagh Elias		Toby Wilson		Hayden Milliken		Riley Bender		
Liam Mackay								
	4:58.00	5:02.00	5:21.00	5:47.00	5:28.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event #	Girls	Relay	Relay Results					SC	SC	Rank
26:00.00	31	15	5x1500m Relay					SC	SC	1
			Matilda Duhig	Baelei Rogers	Grace Phimsipasom	Sophie Webb				
			Sienna Bush							
			5:14.00	5:06.00	5:17.00	5:29.00	4:54.00			
26:37.00								MW	MW	2
			Phoebe Karamihas	Elke McAuley	Grace Freeman	Tiana Parsons				
			Olivia Williams							
			5:09.00	5:19.00	5:33.00	5:22.00	5:14.00			
26:39.00								MN	MN	3
			Charli Spies	Lara Mnss	Coco Fidler	Eliza Macgroarty				
			Zoe McElwaine							
			5:15.00	35:32.00	1484.00	5:33.00	5:03.00			
26:53.00								ME	ME	4
			Chloe Bowen	Charlotte Brown	Zara Moore	Zara Heath				
			Maeve McCowen							
			5:11.00	5:35.00	5:23.00	5:31.00	5:13.00			
27:27.00								SU	SU	5
			Sienna Carter	Isabelle Taylor	Oli Newsham	Annaliese Taylor				
			Sophia Donnellan							
			5:02.00	5:28.00	5:21.00	5:43.00	5:53.00			
28:31.00								DD	DD	6
			Julia Wainwright	Ellie Denning	Holly Purcell	Rose Ramia				
			Caitlyn Garratt							
			5:15.00	6:00.00	5:58.00	6:08.00	5:10.00			
29:11.00								P	P	7
			Atalia Turner	Lara Lane	Lauren Deighton	Ella Johnston				
			Felicity Pyne							
			5:35.00	5:49.00	5:41.00	6:20.00	5:46.00			
29:49.00								WB	WB	8
			Hannah Parton	Charlotte Reed	Evella McKay	Ellie Stewart				
			Sophia Jordan							
			5:52.00	5:32.00	6:35.00	6:11.00	5:39.00			
29:57.00								N	N	9
			Isla Chapman	Majella Jerome	Mala Brooks	Caitlyn Penny				
			Abbie Penny							
			5:36.00	5:50.00	5:53.00	6:12.00	6:26.00			
31:38.00								Cap	CAP	10
			Lily Leven	Emaya Burling	Riley Albert	Lacey Howarth				
			Jessica Large							
			6:00.00	6:26.00	6:38.00	6:25.00	6:09.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 33 Boys 16 5x1500m Relay

22:28.00					MN		MN	1
William Curran					Baxter Fiedler		Asher Parkin	Dusty Piper
Ned Curran								
	4:19.00	4:48.00	4:21.00	4:43.00	4:17.00			
22:32.00					ME		ME	2
Taylor Goodwin					Sergio Arrivillaga		Benjamin Malcom	Henry Baker
Will Freese								
	4:17.00	4:33.00	4:46.00	4:43.00	4:13.00			
22:51.00					SU		SU	3
Kody Hockey					Kailash Bowen		Sebastian Day	Xavier Spinola
Rhett Baker								
	4:23.00	4:40.00	4:18.00	4:54.00	4:36.00			
22:56.00					SC		SC	4
Cru Scott					Bayley Read		Jacob Friend	Vincent Churches
Joseph Lethlean								
	4:28.00	4:43.00	4:48.00	4:38.00	4:19.00			
23:13.00					MW		MW	5
Ethan Heyward					Cadel Bennie		Elijah Hellowell	Addison Sullivan
Hugh White								
	4:39.00	4:31.00	4:47.00	4:54.00	4:22.00			
23:29.00					P		P	6
Kaiyan Blue					Jake Swindale		Zayn Lawson	Jonah Matthews
Oliver van Rees								
	4:22.00	4:36.00	4:57.00	4:46.00	4:48.00			
23:47.00					DD		DD	7
William Barnes					Declan Campbell ()		Alistair Richards	Beau Harvey
Jack Wilson								
	4:43.00	4:39.00	4:57.00	4:47.00	4:41.00			
24:44.00					Cap		CAP	8
Toby Rule					Alec Rix		Alex Kraatz	Flynn Steindl
Thomas Smith								
	4:38.00	5:07.00	5:02.00	5:01.00	4:56.00			
25:04.00					WB		WB	9
Dylan Smith (Ac)					Zachary Farmilo		Riley May	Cody Francis
Chris Rudd								
	4:56.00	4:58.00	5:13.00	5:20.00	4:37.00			
26:02.00					N		N	10
Koban Tribe					Thomas Dodds		Ned Smith	Nathan Venturato
Charlie Kruger								
	5:03.00	5:37.00	5:29.00	4:44.00	5:09.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 34 Girls 16 5x1500m Relay

25:53.00					SC		SC	1
Claire Baczkowski		Abbi O'Shea		Maddelyn Marston		Madison Turner		
Kyah Anderson								
	5:06.00	5:06.00	5:10.00	5:32.00	4:59.00			
26:01.00					ME		ME	2
Gwen Watson		Kate Herd		Milly Burg		Selwyn Russell		
Jemma Wilson								
	5:00.00	5:19.00	5:23.00	5:13.00	5:06.00			
26:35.00					MN		MN	3
Chloe Noon		Lillian Mnss		T Lynagh		Ella Kwak		
Jemima Morton								
	5:06.00	5:24.00	5:12.00	5:31.00	5:22.00			
27:13.00					DD		DD	4
Mackenzi Schefe		Megan Russell		Emily Young		Kiera Macdonald		
Hannah Pollock								
	5:22.00	5:33.00	5:46.00	5:24.00	5:08.00			
27:35.00					SU		SU	5
Maya Mullins		Alexis Lanskey		Skye Harman		Chyenne Collier		
Ella Willison								
	5:15.00	5:23.00	5:39.00	5:34.00	5:44.00			
27:59.00					MW		MW	6
Ella Knox		Celine Lekieffre		Jade Hennessy		Rebecca Teahen		
Milla Roberts								
	5:41.00	5:31.00	5:41.00	5:45.00	5:21.00			
28:34.00					P		P	7
Erika P		Bridie Maher		Chloe Donovan		Cara Elliott		
Avaliese Krause								
	5:07.00	5:31.00	5:58.00	6:06.00	5:52.00			
29:24.00					Cap		CAP	8
Mollie Hawke		Chloe Ralph		Anna Duggan		Morgan Faulkner		
Gabriella Edwards								
	5:28.00	6:07.00	5:57.00	5:40.00	6:12.00			
30:51.00					N		N	9
Miley Widt		Remy Hedges		Eryn Matters		Claire Saro		
Jessica McLean								
	5:51.00	6:45.00	5:36.00	6:11.00	6:28.00			
31:21.00					WB		WB	10
Lily Vella - AC		Abby Perkins		Rosie Wiliams		Abbey Mulhall		
Asta James								
	5:03.00	6:43.00	6:18.00	6:21.00	6:56.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 35 Boys 17 5x1500m Relay

21:53.00				ME				ME	1
	Padraig Heffernan			Kyan Simpson		Owen Hughes		Charlie Moore	
	Toby Chippendale								
	4:12.00	4:29.00	4:29.00	4:26.00		4:17.00			
22:14.00				MW				MW	2
	Abdulhafis Foizi			Harrison Barr		David Olsson		Bailey Farrell-Thom	
	Seth Mahony								
	4:14.00	4:44.00	4:26.00	4:37.00		4:13.00			
22:30.00				SC				SC	3
	Bowen Bamford			Joshua Cotton		Bill Franklin		Charlie Miller	
	Lawrence Keates								
	4:24.00	4:41.00	4:33.00	4:28.00		4:24.00			
22:55.00				SU				SU	4
	Jc Inteyiteka			Tg (tom George) Speed		Oscar Tyler		Carter Whittam	
	Saul Nicol-Rann								
	4:26.00	4:29.00	4:43.00	4:31.00		4:46.00			
23:25.00				MN				MN	5
	Archie Austin			James Tisdell		Rory O'Keeffe		Cooper Guise	
	Harry Waldron								
	4:23.00	4:49.00	4:47.00	4:56.00		4:30.00			
23:35.00				DD				DD	6
	Charlie Randall			Jackson Carney		Charlie Pietsch		Isaak Brew	
	Timothy Hogno								
	4:26.00	5:06.00	4:58.00	4:40.00		4:25.00			
24:52.00				P				P	7
	Robert Gould			Alistair Hickey		Sam Turner		Korey Roberts	
	Brody Boerboom								
	4:29.00	4:39.00	5:10.00	5:03.00		5:31.00			

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 36 Girls 17 5x1500m Relay

24:56.00				SC		SC	1
Tess Hannigan			Ruby Hughes		Ella Wilson	Emily Olders	
Aspen Anderson							
	4:49.00	5:00.00	5:03.00	5:12.00	4:52.00		
25:52.00				MN		MN	2
Lilly Horsburgh			Amber Norton		Phoebe Oliver	Darcy Basford	
Ginger Cox							
	4:58.00	5:14.00	5:10.00	5:25.00	5:05.00		
26:27.00				ME		ME	3
Mia McGrath			Piper Lawson		Indi Fletcher	Ella Whitehouse	
Kobi Walker							
	4:52.00	5:35.00	5:32.00	5:35.00	4:53.00		
26:29.00				MW		MW	4
Gretta Johnson			Syeira Collard		Eleanor Bond	Arabella Dickfos	
Gabrielle Schmidt							
	4:58.00	5:36.00	5:40.00	5:27.00	4:48.00		
27:40.00				DD		DD	5
Chloe Denning			Laura Patterson		Amelia Ramia	Lara Fitzgerald	
Isabelle Jeude							
	5:20.00	5:23.00	6:02.00	5:34.00	5:21.00		
28:07.00				P		P	6
Paige Grose			Emalina Fogale		Erika P	Mishaal Corea	
Jazmyn Pease							
	5:25.00	5:18.00	5:22.00	6:11.00	5:51.00		
28:25.00				SU		SU	7
Emma Phillips			Eliza Parish		Mia Kavanagh	Kai Field-Mitchell	
Mia Wooldridge							
	5:17.00	5:58.00	5:54.00	5:43.00	5:33.00		
30:34.00				N		N	8
Lexi Drury			Hannah Moore		Molly Hutchison	Sarah Bourke	
Holly Thomson							
	5:47.00	6:14.00	6:09.00	6:10.00	6:14.00		
30:48.00				Cap		CAP	9
Abigail Sweeney			Sharnti Woodham		Imogen Wright	Shianne Plunkett	
Isabel Watt							
	5:43.00	5:29.00	6:09.00	6:24.00	7:03.00		

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 37 Boys 18-19 5x1500m Relay

22:02.00	F	ME	ME	1
Joel Humphrey		Joshua Nisbet	Lachlan How	Joseph Saunders
Jack Coomber				
4:26.00	4:38.00	4:31.00	4:19.00	4:08.00
22:13.00		MN	MN	2
Heath Tallon		Jonas Forbes-Schutz	Ned Donovan	Blake Robertson
Cooper Carswell				
4:21.00	4:31.00	4:27.00	4:28.00	4:26.00
23:18.00		SU	SU	3
Hayden Small		Will Graham	Ishan Sun18b01	Kyle Wallis
Josh Shanahan				
4:26.00	4:22.00	4:43.00	4:49.00	4:58.00
24:14.00		WB	WB	4
Joey Vella		Ben Rudd	Fletch Prendergast	Thomas Stevenson
Thomas Breen				
4:36.00	4:52.00	5:04.00	5:05.00	4:37.00
24:34.00		DD	DD	5
Kozsta Deszecsar		Calum Oloman	Oliver Jackwitz	Jordan Waterworth
Samuel Gladwin				
4:55.00	4:54.00	5:05.00	5:04.00	4:36.00
24:35.00		SC	SC	6
Joel Abbott		Finn Duke	Josh Waters	Kai Turner
Harry Bouwmeester				
4:36.00	4:54.00	5:06.00	5:29.00	4:30.00
24:47.00		MW	MW	7
Arthur Ryan		Ruben Ripper	Declan Fox	Pierrick Cartier
Alex Peacock				
4:51.00	5:10.00	4:57.00	5:09.00	4:40.00
24:59.00		P	P	8
Eden Kear		Tom Barber	Edward Hamilton	Luke O'Donnell
Kaiyan Blue				
4:49.00	5:08.00	4:56.00	5:29.00	4:37.00
25:21.00		N	N	9
Thomas Saro		John Halliday	Angus Richardson	Lauchlan Butler
Clive Halliday				
5:16.00	4:56.00	4:38.00	5:02.00	5:29.00
25:35.00		Cap	CAP	10
Cameron Wonnocott		Timothy Wiltshire	Jamie Rodgers	Roland Lisle
Douglas Bennett				
4:31.00	5:43.00	5:09.00	5:07.00	5:05.00

Relay Results
QRSS 10-19 Years Cross Country Championships 15-Jul-23 to 17-Jul-23

Event # 38 Girls 18-19 5x1500m Relay

28:10.00					SC		SC	1
Holly Egan			Olivia Thiesfield		Jayda Anderson		Lainey Mathiske	
Emilie Hutt								
	5:35.00	5:40.00	6:07.00	5:19.00	5:29.00			
28:43.00					ME		ME	2
Gemma Messer			Ella Steffens		Hayley O'Toole		Lucy Schooth	
Mattea Pearsall								
	5:39.00	5:59.00	6:00.00	5:48.00	5:17.00			
28:59.00					MN		MN	3
Ella Coltzau			Claire Mnss		Amy Ryan		Therese Fernando	
Isabella Harte								
	5:23.00	6:15.00	5:56.00	6:27.00	4:58.00			
29:23.00					SU		SU	4
Emma Knight			Lila McIntyre		Emma Small		Mia Wooldridge	
Savannah Perdikis								
	5:44.00	6:06.00	5:58.00	5:31.00	6:04.00			
29:23.00					MW		MW	4
Emma Neish			Ellie Reid		Evie Gemmell		Jasmine Wallace	
Eledhwen Wilson								
	5:42.00	5:39.00	5:47.00	6:49.00	5:26.00			
31:54.00					WB		WB	6
Maya McCrystal			Mackenzee Maloney		Mya Tolley		Olivia Warmington	
Charlotte Davies								
	5:45.00	6:26.00	7:30.00	6:17.00	5:56.00			
31:58.00					DD		DD	7
Anastasia Topalov			Amy Potter		Meghan Whiteside		Amber Buster	
Ilsa Crossdale								
	6:15.00	6:23.00	6:45.00	6:34.00	6:01.00			
33:12.00					P		P	8
Leah Goode			Kaylan Toomey		Eliza Paffey		Sophie Roberts	
Joanna McRae								
	5:59.00	6:42.00	8:02.00	6:47.00	5:42.00			
35:05.00					N		N	9
Tiani Lawton			Molly Cottam		Reagan Butler		Brooke Elliott	
Jasmine Styles								
	7:01.00	7:26.00	6:56.00	7:15.00	6:27.00			