

QRSS – Swimming State Title Records (Female)

Events – Long Course

[50m](#) | [100m](#) | [200m](#) | [400m](#) | [800m](#) | [1500m](#) | [200m IM](#) | [400m IM](#) |
[200m Freestyle Relay](#) | [200m Medley Relay](#)

Multi Class – Long Course (TBC)

[50m](#) | [100m](#) | [200m](#) | [200m IM](#) | [Mixed 200m Freestyle Relay](#)

Distance	Event	Age	Time	Year	Region
50m	Freestyle	10	31.07	2011	Metropolitan East
		11	29.25	1989	North Queensland
		12	27.34	2013	Metropolitan East
		13	26.78	2011	Metropolitan East
		14	26.41	2008	Sunshine Coast
		15	26.39	2018	Metropolitan East
		16	25.66	2022	South Coast
		17-19	26.17	2019	Metropolitan West
50m	Butterfly	10	33.31	2015	South Coast
		11	31.27	2016	South Coast
		12	29.57	2022	Metropolitan East
		13	27.82	2011	Metropolitan East
		14	28.18	2016	Metropolitan East
		15	27.93	2017	South Coast
		16	27.63	2009	Darling Downs
		17-19	27.65	2018	South Coast
50m	Breaststroke	10	39.58	1984	Brisbane South
		11	37.58	2018	Metropolitan West
		12	35.59	2021	South Coast
		13	33.83	2022	South Coast
		14	33.25	2006	South Coast
		15	32.53	2007	South Coast
		16	32.32	2017	South Coast
		17-19	31.69	2018	South Coast
50m	Backstroke	10	35.34	2015	South Coast
		11	33.38	1989	North Queensland
		12	31.65	2015	Metropolitan East
		13	30.64	2017	Metropolitan West
		14	29.00	2015	Sunshine Coast
		15	29.51	2022	Metropolitan East
		16	29.76	2017	South Coast
		17-19	29.50	2021	South Coast

Distance	Event	Age	Time	Year	Region
100m	Freestyle	10	1:09.11	2013	South Coast
		11	1:04.22	2012	South Coast
		12	1:01.54	2008	South Coast
		13	58.68	2016	Metropolitan West
		14	57.99	2014	South Coast

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		15	56.93	2019	Metropolitan West
		16	55.09	2022	South Coast
		17-19	56.89	2016	Sunshine Coast
100m	Butterfly	10	1:17.76	2015	South Coast
		11	1:12.18	2016	South Coast
		12	1:07.27	2022	Metropolitan East
		13	1:03.44	2011	Metropolitan East
		14	1:02.89	2018	Wide Bay
		15	1:01.71	2017	South Coast
		16	1:00.88	2015	Metropolitan East
		17-19	1:00.15	2016	Metropolitan East
100m	Breaststroke	10	1:30.37	2011	Metropolitan East
		11	1:22.46	2014	Northern
		12	1:16.85	2019	Metropolitan West
		13	1:12.87	2021	South Coast
		14	1:11.88	2022	South Coast
		15	1:11.81	2019	Metropolitan West
		16	1:10.93	2017	South Coast
		17-19	1:10.45	2018	South Coast
100m	Backstroke	10	1:17.40	2015	South Coast
		11	1:13.43	2018	South Coast
		12	1:08.24	2010	Metropolitan North
		13	1:05.89	2014	Sunshine Coast
		14	1:02.52	2015	Sunshine Coast
		15	1:02.87	2022	Metropolitan East
		16	1:03.53	2010	Metropolitan West
		17-19	1:02.68	2021	Darling Downs

Distance	Event	Age	Time	Year	Region
200m	Freestyle	10-12	2:12.31	2013	South Coast
		13	2:07.11	2016	Metropolitan West
		14	2:05.63	2003	Metropolitan North
		15	2:04.41	2019	Metropolitan West
		16	2:03.13	2015	Metropolitan East
		17-19	2:02.95	2019	Sunshine Coast
200m	Butterfly	10-12	2:30.87	2016	Metropolitan East
		13	2:23.90	2017	Metropolitan East
		14	2:16.40	2018	Metropolitan East
		15	2:15.16	2011	Metropolitan West
		16	2:15.75	2015	Metropolitan East
		17-19	2:13.95	2017	South Coast
200m	Breaststroke	10-12	2:46.94	2019	Metropolitan West
		13	2:37.85	2021	South Coast
		14	2:33.76	2022	South Coast
		15	2:34.85	2015	Metropolitan East
		16	2:36.73	2017	Metropolitan West
		17-19	2:36.96	2016	South Coast



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200m	Backstroke	10-12	2:29.41	2016	Metropolitan West
		13	2:20.65	2014	Sunshine Coast
		14	2:17.72	2015	Sunshine Coast
		15	2:18.24	2019	Metropolitan West
		16	2:17.22	2011	Metropolitan West
		17-19	2:16.73	2021	Darling Downs

Distance	Event	Age	Time	Year	Region
400m	Freestyle	10-12	4:38.64	2015	South Coast
		13	4:27.61	2010	Sunshine Coast
		14	4:24.46	2018	Wide Bay
		15	4:19.53	2016	Metropolitan North
		16	4:17.81	2018	Sunshine Coast
		17-19	4:15.06	2019	Sunshine Coast

Distance	Event	Age	Time	Year	Region
800m	Freestyle	13-19	8:40.67	2019	Sunshine Coast

Distance	Event	Age	Time	Year	Region
1500m	Freestyle	13-19	16:30.24	2019	Sunshine Coast

Distance	Event	Age	Time	Year	Region
200m	Individual Medley	10	2:44.69	1982	Brisbane South
		11	2:36.48	1989	South Coast
		12	2:31.31	2004	Wide Bay
		13	2:23.83	2016	Metropolitan West
		14	2:22.81	2003	Metropolitan North
		15	2:17.83	2019	Metropolitan West
		16	2:22.65	2001	Metropolitan East
		17-19	2:21.31	2009	Metropolitan North
400m	Individual Medley	10-12	5:22.61	2019	Metropolitan West
		13	5:06.97	2015	South Coast
		14	5:03.46	2022	Capricornia
		15	4:56.39	2021	Capricornia
		16	4:57.78	2022	Capricornia
		17-19	4:55.99	2018	South Coast

Distance	Event	Age	Time	Year	Region
200m	Freestyle Relay	10	2:12.95	2011	Metropolitan East (A)
		11	2:01.77	2019	Metropolitan North (A)
		12	1:55.41	2019	South Coast (A)
		13	1:52.16	2022	South Coast
		14	1:51.48	2016	Metropolitan West
		15	1:49.23	2012	South Coast
		16	1:47.04	2015	Metropolitan East
		17-19	1:48.75	2008	South Coast
200m	Medley Relay	10	2:30.58	2015	South Coast (A)
		11	2:17.93	2018	South Coast (A)
		12	2:10.07	2017	South Coast (A)
		13	2:04.76	2022	South Coast
		14	2:02.50	2022	South Coast



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		15	2:00.60	2016	South Coast
		16	1:59.38	2015	Metropolitan East
		17-19	1:57.22	2018	South Coast

Multi-class

Distance	Event	Age	Points	Time	Year	Region
50m	Freestyle	10-12	497	37.94	2021	South Coast
		13-15			TBC	
		16-19			TBC	
50m	Butterfly	10-12	375	46.90	2021	South Coast
		13-15			TBC	
		16-19			TBC	
50m	Breaststroke	10-12	337	55.67	2021	South Coast
		13-15			TBC	
		16-19			TBC	
50m	Backstroke	10-12	464	46.63	2021	South Coast
		13-15			TBC	
		16-19			TBC	

Distance	Event	Age	Points	Time	Year	Region
100m	Freestyle	10-12	493	1:26.10	2021	South Coast
		13-15			TBC	
		16-19			TBC	
100m	Butterfly	10-12	301	1:51.50	2021	South Coast
		13-15			TBC	
		16-19			TBC	
100m	Breaststroke	10-12	253	1:54.84	2022	South Coast
		13-15			TBC	
		16-19			TBC	
100m	Backstroke	10-12	513	1:39.27	2021	South Coast
		13-15			TBC	
		16-19			TBC	

Distance	Event	Age	Points	Time	Year	Region
200m	Freestyle	10-12	419	3:05.85	2021	South Coast
		13-15			TBC	
		16-19			TBC	
200m	Individual Medley	10-12	458	3:38.48	2021	South Coast
		13-15			TBC	
		16-19			TBC	
200m	Mixed-age Relay	13-19			TBC	

Records provided by the QRSS 10-12 years Committee and are current as of 16 March 2023.

Records provided by the QRSS 13-19 years Committee and are current as of 16 March 2023.

