

QRSS – Track and Field State Title Records (Male)

Track Events

[100m](#) | [200m](#) | [400m](#) | [800m](#) | [1500m](#) | [3000m](#) | [5000m](#) | [Hurdles \(90m-110m\)](#) | [200mH](#)
[400mH](#) | [2000m Steeplechase](#) | [3000m Steeplechase](#) | [3000m Race Walk](#) | [5000m Race Walk](#) | [4x100m](#)

Field Events

[Shot Put](#) | [Discus](#) | [Javelin](#) | [Hammer Throw](#)
[Long Jump](#) | [Triple Jump](#) | [High Jump](#) | [Pole Vault](#)

Multi Class Events (13-19 Years TBC)

[100m](#) | [200m](#) | [400m](#) | [800m](#) | [1500m](#) | [Mixed 4x100](#) | [Shot Put](#) | [Discus](#) | [Javelin](#)
[Long Jump](#)

TRACK EVENTS

Event Group	Distance	Age	Time	Year	Region
Sprints	100m	10	12.88	1989	West Moreton
		11	12.46	1990	West Moreton
		12	11.82	2004	Metropolitan East
		13	11.36	2013	Metropolitan West
		14	11.07	2019	Wide Bay
		15	10.89	2019	Metropolitan North
		16	10.73	2010	Sunshine Coast
		17	10.54	2014	Metropolitan West
		18-19	10.64	1996	Peninsula
Sprints	200m	10	25.80	2013	Metropolitan North
		11	25.60	2019	Sunshine Coast
		12	24.25	2009	South Coast
		13	23.44	2012	Sunshine Coast
		14	22.37	2011	Metropolitan East
		15	21.76	2019	Metropolitan North
		16	21.34	2014	Metropolitan North
		17	20.96	2017	Sunshine Coast
		18-19	21.57	1996	Metropolitan West
Sprints	400m	13	52.08	2018	Darling Downs
		14	49.79	2019	Darling Downs
		15	49.31	2011	Darling Downs
		16	48.02	2018	Metropolitan East
		17	47.73	2010	Metropolitan East
		18-19	47.68	2016	Metropolitan West

Event Group	Distance	Age	Time	Year	Region
Distance	800m	10	2:16.68	2010	Metropolitan East
		11	2:14.77	2009	Darling Downs
		12	2:06.18	2010	Darling Downs
		13	2:00.85	2011	Darling Downs
		14	1:58.41	2019	South Coast
		15	1:55.02	2015	Metropolitan East
		16	1:52.74	2009	Metropolitan East



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		17	1:50.37	2015	Metropolitan West
		18-19	1:49.31	2003	Metropolitan East
Distance	1500m	10	4:52.15	2019	South Coast
		11	4:43.57	2018	Darling Downs
		12	4:32.23	2019	Darling Downs
		13	4:16.60	2015	Metropolitan West
		14	4:08.40	1995	Metropolitan East
		15	4:01.25	2009	Metropolitan East
		16	3:56.64	1989	Brisbane North
		17	3:54.84	2001	Metropolitan East
		18-19	3:56.47	1991	(Region Not Listed)
Distance	3000m	14	9:11.16	2017	Metropolitan North
		15	8:41.52	2013	Wide Bay
		16	8:32.47	2014	Wide Bay
		17	8:44.65	2018	Metropolitan North
	5000m	18-19	14:54.11	2001	South Coast

Event Group	Distance	Age	Time	Year	Region
Hurdles	90m	13	12.50	1997	Metropolitan East
	100m	14	13.56	1999	South Coast
		15	12.95	2007	Capricornia
	110m	16	13.88	1997	Metropolitan East
		17	13.70	2004	South Coast
		18-19	14.40	1995	Capricornia
Hurdles	200m	13	32.73	2018	Northern
		14	28.80	2018	South Coast
		15	24.78	2004	Metropolitan West
	400m	16	54.71	2018	Metropolitan East
		17	52.66	2005	Peninsula
		18-19	54.14	2001	South Coast

Event Group	Distance	Age	Time	Year	Region
Steeplechase	2000m (84cm) (84cm)	14	6:28.67	2018	Metropolitan East
		15	6:04.45	2017	Metropolitan West
		16	6:03.16	2018	Metropolitan West
		17	5:59.45	2019	Metropolitan East
	3000m (91cm)	18-19	9:47.57	2019	Peninsula

Event Group	Distance	Age	Time	Year	Region
Race Walk	3000m	13	14:07.18	2017	South Coast
		14	13:59.84	2018	South Coast
		15	12:57.72	2019	South Coast
	5000m	16	21:05.14	2011	Sunshine Coast
		17	24:46.30	2016	Metropolitan East
		18-19	21:54.86	2003	Metropolitan North

Event Group	Distance	Age	Time	Year	Region
Relay	4x100m	10	54.18	1984	Brisbane North
		11	51.26	1984	West Moreton
		12	49.38	2009	South Coast



		13-15	42.95	2019	Metropolitan West
		16-19	42.60	2019	Darling Downs

FIELD EVENTS

Event Group	Event	Age	Distance	Year	Region
Throws	Shot Put	10	12.78m	2000	Wide Bay
		11	15.40m	2001	Darling Downs
		12	16.29m	1999	Capricornia
		13	18.23m	2003	Brent Dixon
		14	17.55m	2009	Metropolitan West
		15	19.20m	2011	Darling Downs
		16	18.56m	2012	Darling Downs
		17	19.99m	1998	Darling Downs
		18-19	17.92m	1998	Darling Downs

Throws	Discus	10	40.95m	2000	Metropolitan East
		11	44.75m	2017	Metropolitan West
		12	52.64m	2008	Metropolitan North
		13	53.86m	2015	Metropolitan West
		14	60.46m	2015	Metropolitan East
		15	66.37m	2011	Darling Downs
		16	63.06m	2012	Darling Downs
		17	63.94m	2013	Darling Downs
		18-19	48.69m	1999	Darling Downs

Throws	Javelin	13	53.13m	2002	Metropolitan East
		14	59.35m	2012	Metropolitan East
		15	66.82m	2019	Metropolitan North
		16	72.98m	1990	Northern
		17	75.48m	2016	Northern
		18-19	61.83m	2012	Metropolitan East

Throws	Hammer	13	47.95m	2017	Metropolitan East
		14	53.04m	2018	Metropolitan East
		15	71.85m	2011	Darling Downs
		16	73.96m	2012	Darling Downs
		17	62.54m	2017	South Coast
		18-19	58.33m	2001	South Coast

Event Group	Event	Age	Distance	Year	Region
Jumps	Long Jump	10	5.02m	1987	Northern
		11	5.30m	1991	Sunshine Coast
		12	5.73m	1992	Metropolitan East
		13	6.55m	2001	Sunshine Coast
		14	6.72m	2016	South Coast
		15	6.98m	1987 / 1994	Brisbane North / Met. West
		16	7.54m	2016	Sunshine Coast
		17	7.50m	2017	Sunshine Coast
		18-19	7.34m	1997	Peninsula

Jumps	Triple Jump	13	12.78m	2010	Metropolitan North
		14	13.63m	2017	Metropolitan West
		15	14.19m	2013	Sunshine Coast



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		16	15.01m	2013	Metropolitan North
		17	15.09m	2017	Sunshine Coast
		18-19	15.44m	1997	Wide Bay
Jumps	High Jump	10	1.57m	2017	Metropolitan North
		11	1.69m	1998	Metropolitan East
		12	1.74m	1996	Northern
		13	1.85m	2010	Metropolitan North
		14	1.94m	2018	Metropolitan West
		15	2.08m	1999	Northern
		16	2.12m	2015	Peninsula
		17	2.16m	2018	Metropolitan East
		18-19	2.13m	1989	Wide Bay
Jumps	Pole Vault	13	3.40m	2019	South Coast
		14	3.30m	2017	South Coast
		15	4.00m	2003 / 2017	Sunshine Coast / Met. East
		16	4.40m	2018	Metropolitan East
		17	4.60m	2012 / 2017	Met. East / Met. West
		18-19	4.51m	1997	Metropolitan West

Event Group	Age	Points	Year	Region
Combined Event	10	1143	2006	Metropolitan North
	11	1316	2003	Darling Downs
	12	1503	2004	Darling Downs

MULTI CLASS – TRACK

Event Group	Distance	Age	Percent	Classification	Year	Region
Sprints	100m	10	81.76%	T20	2019	Wide Bay
		11	88.02%	T43	2013	South Coast
		12	88.38%	T43	2014	South Coast
		13	TBC			
		14				
		15				
		16				
		17				
18-19						
Sprints	200m	10	75.27%	T42	2009	Capricornia
		11	78.86%	T35	2008	Wide Bay
		12	115.45%	T44	2017	Metropolitan East
		13	TBC			
		14				
		15				
		16				
		17				
18-19						
Sprints	400m	13	TBC			
		14				
		15				



		16	
		17	
		18-19	
Mixed Relay	4x100m	13-19	TBC

Event Group	Distance	Age	Percent	Classification	Year	Region
Distance	800m	10	74.50%	T20	2015	Wide Bay
		11	78.78%	T01	2017	Metropolitan West
		12	117.54%	T40	2015	Northern
		13	TBC			
		14				
		15				
		16				
		17				
		18-19				
Distance	1500m	13	TBC			
		14				
		15				
		16				
		17				
		18-19				

MULTI CLASS - FIELD

Event Group	Distance	Age	Percent	Classification	Year	Region
Throws	Shot Put	10	60.51%	F20	2005	Wide Bay
		11	69.20%	F20	2005	Northern
		12	89.40%	F01	2019	Capricornia
		13	TBC			
		14				
		15				
		16				
		17				
		18-19				
Throws	Discus	10	61.64%	F35	2007	Wide Bay
		11	91.92%	F20	2005	Northern
		12	72.06%	F01	2019	Capricornia
		13	TBC			
		14				
		15				
		16				
		17				
		18-19				
Throws	Javelin	13	TBC			
		14				
		15				
		16				
		17				
		18-19				



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Jumps	Long Jump	10	63.15%	T35	2007	Wide Bay
		11	96.97%	T35	2008	Wide Bay
		12	82.15%	T35	2008	Metropolitan North
		13	TBC			
		14				
		15				
		16				
		17				
		18-19				

Records provided by the QRSS 10-12 years and 13-19 years Committees and are current as of 23 February 2022.

