

11-19 years Aquathlon/Triathlon Competition Procedures

Pathways for excellence in representative school sport

*Inspiring world-class opportunities for sporting success,
engagement and wellbeing*



**Queensland
Government**

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Change History

Version	Date	Description	Prepared by
1	28/11/2023	Updated to the new QRSS format	Michael Small
2	6/11/2024	Updated for 2025	Michael Small

NOTE: This manual is to be read in conjunction with the:

- School Sport Australia policies and guidelines
- Queensland Representative School Sport Leadership handbook



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Sport Competition Guidelines

Minimum Venue Standards

The host region venue must comply with audit requirements and:

- complete a procurement process (where required).
- have sufficient and suitable (e.g. cabin/motel style) accommodation within the host town/city to provide places for all visiting parents/supporters competitors/ student officials/team officials
- have access to appropriate transport to/from the host town/city
- have access/proximity to 24 hour medical services (e.g. hospital, ambulance, dentist, physio)
- The playing venue must be a suitable standard and must comply with the sport specific minimum requirements. Consideration must also be given to factors such as:
 - sufficient number of suitably sized change rooms present
 - spectators must be adequately catered for with suitable viewing, toilet facilities, canteen etc.
 - Competition Area – Field of Play/number of courts or fields required
 - Suitable shade & shelter for hot & wet weather if necessary
 - Access to water
 - Officials' Room with secure area for official's bags
 - Championship working group control room
 - Access to internet
 - Laptop and printer
 - Photocopier
 - Paper
 - General stationery

First Aid

A minimum of two First Aid Officers/Sports Trainers must be provided each day of competition. Any child treated must be accompanied by a Team Official or parent.

Spectator's facilities

Ensure there is sufficient shade, seating, toilets facilities, food and drinks vendors.

Officials

It is preferable that all key officials have a minimum Level accreditation and first aid/CPR. The key officials are (but not limited to):

- Race Director
- Race Referee
- Convenors

Equipment

- The Host Region must supply all equipment for the safe conduct of the Championships.
- All equipment must comply with sport specific requirements
- Other necessary equipment is:
 - Competition Software (if applicable)
 - Access Passes (if applicable)

Competition areas must be checked each day for potential hazards and steps must be taken to rectify or make safe these potential hazards.



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Bulletins

Bulletin 1

- Team levy
- Venue
- Dates
- Pre-championship meeting date and venue
- Participating regions
- Team size
- Competition working group contact details
- Program of events
- Sports medicine arrangements
- Opening ceremony information
- Closing ceremony information

- Photo graph cost
- Canteen arrangements
- State nomination details

Bulletin 2

- Confirmation of previous bulletin information
- Draw
- Photo Schedule

Additional information required for the tournament
Links for Live results & Live streaming

Special Guest for Opening ceremony

- Education Minister, Sport Minister
- Director Teaching and Learning
- Local Government representative
- Department of Education
- QRSS Board
- State Organisation
- Event sponsors

Ceremonies

Closing Ceremony

Invitation to the following:

- Host Region officials
- Key Event Officials
- Team Officials
- Sponsor representative
- State Sporting Organisation Representative

Meetings

Pre-Championship Meeting

Selection Meetings

Post-Championship Meeting (if applicable)

A pre-championship meeting, chaired by the host RSSO / Asst. RSSO, in conjunction with the QRSS-SE member in attendance shall be convened for the purpose of discussing the conduct of the championships. The convenor may also be involved in the hosting of the meeting.

Regional team lists are to be confirmed at the pre-championship meeting. No changes are to occur after the list is confirmed.

A post-championship meeting may be convened and from this meeting recommendations may be put forward for consideration by the QRSS-SE. If recommendations are endorsed by regional delegates, these must then be submitted to the QRSS-MC for approval.



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All regional officials must attend all meetings and official functions as organised by the championship convenor and/or the QRSS-SE. This would include any Professional development opportunities as organised by the QRSS-SE.

Pre Championship Meeting agenda

1. Welcome and Introductions
2. Team officials' registrations
3. Student protection
4. Project Consent
5. Reporting injuries
6. Concussion
7. Game time consideration
8. State Team selection
9. Communication lines
10. Championship working group items
 - Championship schedule
 - Check program for player changes
 - First Aid/Ice
 - Venue information
 - Venue layout
 - Parking
 - Fields/Courts/warm up area
 - Championship Contact Numbers
 - Team Photographs
 - Opening and Closing Ceremonies
 - State championship draw
 - Competition procedures
 - Unofficial Dinner
 - Referees

Duration and Draws

Duration of championships are to be scheduled to use no more than two school days for competition. Where this cannot occur, the Host Region will communicate with the QRSS – RC and QRSS for approval and endorsement.

Such issues may include:

- availability of venues,
- number of games played per day etc

At each State Championship for team sports, the draw must ensure that all teams play on each day of the event.

At each State Championship a Queensland team may be selected and named (as a travelling or merit team). No other teams are to be named.

The sport specific competition procedures outline the draws and round robin matches to be played for various formats.



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11-19 years Aquathlon/Triathlon competition information

<p>Queensland Representative School Sport trials and championships shall be conducted according to the:</p> <ul style="list-style-type: none"> • https://www.triathlon.org.au/rules/ - The championship is a non-drafting event and are to be conducted under the rules of World Triathlon as endorsed by AusTriathlon except wherein stated. A full list of the rules can be found on the AusTriathlon website. • QRSS Leadership Handbook • QRSS Risk assessment handbook 	
Age groups offered	<ul style="list-style-type: none"> • 11-12 years Aquathlon (inclusive of Multi-class) Boys & Girls – State Championship/SSA National Championship • 13 -14 years Aquathlon and Triathlon (inclusive of Multi-class) Boys and Girls – State Championship/SSA National Championship • 15 – 16 years Aquathlon and Triathlon (inclusive of Multi-class) Boys and Girls – State Championship/SSA National Championship • 17 – 19 years Aquathlon and Triathlon (inclusive of Multi-class) Boys and Girls – State Championship/SSA National Championship
Event Officials	<ul style="list-style-type: none"> • Sport Executive Member • First Aid Officer • Technical Officials – AusTriathlon • AUSLAN Interpreter • 2 x Convenors • 1 x Operations Manager • 1 x Volunteer Manager • 1 x Race Director • 1 x Announcer
Sporting Organisation Support (if required)	<ul style="list-style-type: none"> • AusTriathlon will provide support with the running and organisation of the event including Technical Officials and Race Referees.
State Championship Team Officials	<p>QRSS Team Officials will be appointed through the QRSS Team Official application process.</p> <ul style="list-style-type: none"> • Tour & Chief Manager • Coach - Maroon Team • Coach - White Team • Manager - Aquathlon • Manager - Maroon Team • Manager - Maroon Team • Manager - White Team • Manager - White Team • Multi Class Manager
Selectors information	<ul style="list-style-type: none"> • The selection committee will consist of the QRSS Team Coach, QRSS State Team Manager and a member of the executive and will be confirmed at the pre championship meeting. • The selectors must submit the final team to the QRSS Triathlon Chair (or their nominee from the QRSS Triathlon Executive) for ratification prior to the announcement. • The selectors will meet after the first day of the competition. • The selectors must consider the names of athletes put forward at the pre championship meeting who meet the criteria for Absent Competitor.
Eligibility	<ul style="list-style-type: none"> • The age determination date is 31 December of the year of the state championship. • Competitors will need to be selected in a regional team to compete at this event. • Please note that due to the timing of the State Championship, most regions hold their qualifying event in the previous year. • It is an expectation that all competitors be present for the duration of the championships, this commences from the Team Meeting on Day 1 (as determined by



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	<p>the Athlete's Region) up to and including the Closing Ceremony on Day 3. Athletes unable to meet these expectations must discuss and have approval to vary this from their Regional School Sport Office prior to the Championship.</p> <ul style="list-style-type: none"> • If unforeseen circumstances occur and a competitor is required to leave the championships before the relay event they must apply for permission from the schools' race referee who is appointed by the QRSS Triathlon Executive. • If a competitor leaves without permission and does not compete in the relay event they may be disqualified from the individual event.
<p>Multiclass Athletes</p>	<ul style="list-style-type: none"> • Multi-class athletes are eligible to compete at the QRSS state championship in events outlined in the SSA competition procedures at the time of the event. Regions should check here https://www.schoolsportaustralia.edu.au/triathlon for eligibility before selecting athletes to compete at the state championship. • The provisional or full National Level Classification or higher must be current at the time the athlete is nominated by their region. • If an athlete is undergoing the classification process or the classification is past its review date, entry as an exhibition athlete will be at the discretion of QRSS Triathlon Executive. Exhibition athletes are not eligible to medal or attain further selection in the representative pathway as their classification is not yet finalised. • Confirmation of an athlete's classification MUST be sighted and recorded on the Multi-Class classification nomination form. • An athlete will only be able to compete in the championships if their name is registered on the relevant Master List (AusTriathlon, Athletics Australia, Swimming Australia, Sport Inclusion Australia). If an athlete's name is not listed on this document, documentary evidence from the appropriate classifying organisation must be provided to the Regional School Sports Office/ Team Manager prior to their nomination in order to verify the athlete's Multi-Class classification. • Multi-class athletes who have more than one classification must use an AusTriathlon classification as their primary one for this event. • Eligible athletes with appropriate classification may access a 'dual pathway' in the sport of Triathlon. This means: <ul style="list-style-type: none"> - An athlete may compete as an 'able-body' athlete but to be considered for selection as a multi-class athlete for the next level of competition (e.g., an athlete may compete as an 'able body' athlete at State Championships and be selected for the Qld Team for the SSA Championships) - If competing as an 'able body' athlete, athletes are required to abide by the competition rules without amendments. If an athlete requires an adjustment outside of the competition rules, they are to compete in the multi-class event. - If racing as an 'able body' athlete, athletes are eligible for State Team selection; however, are not eligible for multi-class medals. - Athletes are not eligible to change pathways midway through the event (e.g., race able body Triathlon and multi-class Aquathlon) • Athletes with a disability may require reasonable adjustments that may breach competition rules and procedures in order to access the event. • Reasonable adjustments available to athletes are determined by the relevant classifying body and/or Aus Triathlon according to the athlete's disability. • Any additional adjustments required by the athlete must be approved by the QRSS Triathlon Executive prior to the commencement of the championship.
<p>MC Athlete Support</p>	<ul style="list-style-type: none"> • MC Athletes may request the support of another person before, during and/or after the race at the discretion and approval from the Race Director under one (or more) of the following categories – <ul style="list-style-type: none"> - Athlete Guide – is a person that is tethered to the eligible athlete at all times during the event (for the cycle leg this means on a tandem bike). Specific rules and guidelines for Athlete Guides is further detailed below. - Athlete Handler - a person that carries or physically assists an eligible athlete from one point on course to another eg to the Swim Start, from Swim Finish to T1 etc. They may provide additional assistance for an eligible athlete in transition to



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get ready for the next leg of the event. They do not accompany the athlete on course during any individual leg.

- **MC Support** - a person that provides specific and approved assistance to an MC Athlete prior to, during and post competition but is not able to assist the athlete in moving “forward” in anyway. They may provide verbal instructions/cues/reminders to assist and/or intervention to ensure athlete safety
- **Athlete Guides** –
 - A guide should be of similar age (and no more than one AG above) and be familiar with the guidelines provided in this document as well as AusTriathlon Race Rules
 - Swim: The guide and the athlete are tethered during the swim and may swim side by side, or the guide may swim slightly behind the athlete. The guide is not permitted to swim ahead of the athlete as this would be classified as an unfair advantage or drafting.
 - Run: The guide and the athlete are tethered during the run and may run side by side, or the guide may run slightly behind the athlete. The guide is not permitted to run ahead of the athlete as this would be classified as an unfair advantage or drafting.
 - General:
 - The guide runner must wear an identifying bib or Regional race suit identifying them as a ‘guide’. This will be supplied by Queensland Representative School Sport in the event the guide does not have this item.
 - It is the responsibility of the guide to ensure that the athlete is properly orientated in the start position. The athlete must have a guide for the entire race.
 - Athletes may bring their own guide runner to the championship. In this instance, this guide must be approved by the QRSS Triathlon Executive prior to the commencement of the Championships.
 - In the event of an athlete bringing their own guide runner, the athlete will be responsible for any associated costs.
 - In the event of the athlete not being able to bring their own guide, the QRSS Executive must be notified upon the athlete’s nomination so a guide can be sourced.
 - Competitor and guide are tethered together by a 50cm tether
 - As a vision impaired runner crosses the finish line or relay change-over line, the guide must be just behind the athlete.
 - Holding the athlete, or the athlete’s clothing is not permitted. An exception to the rule may be allowed if the guide is needed to assist the athlete over an obstacle. An official need to be consulted prior to the athlete’s event if this is required.
 - The athlete may receive verbal instruction from the guide.
 - At no time may the guide pull the athlete or propel the athlete forward by pushing. Infringement of this rule may lead to disqualification.
 - In the event the athlete starts the event with a guide runner. The athlete and guide runner must both finish the event with bona fide effort (they must finish together across the finish line, with the guide behind the athlete. If for some reason the guide runner cannot complete the course, the finishing result of the athlete will be determined by the referee, after taking into consideration all factors that led to the guide runner withdrawing.
 - Companion runners may be approved by the QRSS Executive for disability categories outside of the PTV classifications. This provision may be approved to ensure the safety and wellbeing of an identified athlete.
- MC Guides do not incur a State or National Championship Player Levy.
- **Athlete Handlers** –



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	<ul style="list-style-type: none"> - Adhere to AusTri and WT Rules and Guidelines - Must be appropriately qualified - May not be specific to any one athlete • MC Support – <ul style="list-style-type: none"> - Application (with evidence as required) - Must be approved prior to competition - Approved support will be communicated to Parent/Athlete and Race Referee/Director - Should be Team Manager/KEO in the first instance (or other Adult as required) • Hearing aids will be removed on the line one minute prior to the start or after all final instructions have been given, whichever is the latter if competing as an athlete with a Hard of Hearing/Deaf classification.
Participation expectations – sport specific	<ul style="list-style-type: none"> • Triathlon - A maximum of 10 competitors, male and female, per age group may represent their region in both the individual event and team relays. There is no minimum number of competitors in a regional team. • Aquathlon - A maximum of 10 competitors, male and female, to compete in this event. • Multiclass - A maximum of 3 competitors, male and female, to compete in each MC Category
Playing uniform	<ul style="list-style-type: none"> • All race identification provided by the race organising committee must be displayed as specified. • All competitors must wear official regional apparel, for the duration of the championships including registration, individual events, relays events, and presentations. • Speedsuits or similar are not permitted. • The swim cap provided in the race kit must be worn in the swim. • Athletes who do not comply with the uniform requirements may be disqualified.
First Aid	<ul style="list-style-type: none"> • 2 x FAO at the Event Precinct (one must have ability to be mobile eg Bike) • Water Safety personnel for the swim leg eg QSLs
Trophies and presentations	<ul style="list-style-type: none"> • 13-19 individual aquathlon & triathlon –1st, 2nd and 3rd placegetters will be awarded a medallion. • 13-19 regional relay event – all athletes in teams that place 1st, 2nd and 3rd will be awarded medallions. • A perpetual trophy will be presented to the champion aquathlon region, individual triathlon region and triathlon relay region. • A perpetual trophy will be presented to the champion region of combined triathlon and aquathlon results.
Announcement of the state team	<p>Queensland team selection policy and procedures</p> <ul style="list-style-type: none"> • The Queensland team will be announced at the presentations on the third day of the championships.



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- The major criterion for selection will be the performance of the athlete at the State championships with attitude and behaviour of the athlete also considered prior to being invited as a member of the team.
- The first five athletes across the line will be selected in the triathlon state team and the first 7 athletes across the line will be selected in the aquathlon state team.
- An athlete who is disqualified is ineligible for selection in the state team.
- The sixth triathlon and eighth aquathlon athletes across the line will be selected unless a special consideration application is successful.

Queensland Team

- A team of up to 36 triathlon and 16 aquathlon competitors may be selected to represent Queensland at the School Sport Australia Triathlon Championships. The triathlon team may consist of six males and six females in each age division and the aquathlon team may consist of eight males and eight females:
 - Junior triathlon 13/14 yrs
 - Intermediate triathlon 15/16 yrs
 - Senior triathlon 17/18/19 yrs
 - Aquathlon 11/12 yrs

Reserve athletes for each division will be named.

- All competitors selected in the Queensland Team and reserves must attend the mandatory meeting at the scheduled time indicated in the State Championship Program.
- If the team is selected under 'Contingency plan for adverse race conditions', the first ten placegetters in each age group must attend the Queensland team meeting at the scheduled time indicated in the State Championship Program

State team selection in the event of any changes due to adverse conditions

- The team will be selected at the absolute discretion of the Queensland Representative School Sport Triathlon Selection Committee. The selectors' decisions are final.
- If a bike/run or aquathlon is conducted the top 10 competitors, in the modified event, will be considered for membership of the Queensland team. The selection committee will also consider performances at the following events:
 - the previous year's QRSS State Championship
 - the previous year's School Sport Australia Championship
 - the current year's Regional Team Selection Event
 - recent Queensland or AusTriathlon sanctioned events if required
- *If the team is selected alternatively due to unforeseen circumstances, team members will be informed of their selection, by email in a timely manner.*

Championship Rules and Guidelines

OVERALL INFORMATION

Structure

The event will take place over three days:

- Day 1
 - 11-19 Course Familiarisation Regional Team Meetings
 - Pre-Championship Meeting
- Day 2
 - 13-19 Triathlon – Individual Events
- Day 3
 - 13-19 Triathlon - Team Relays
 - 11-19 Aquathlon – Individual Events



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The 13-19 Individual and multi-class Triathlon will be conducted in the following Age Groups and Distances for both Male and Female divisions:

Age Group	Ages	Race Distances
MC	13-19 years	300m/10km/2km
Junior	13-14 years	300m/10km/2km
Intermediate	15-16 years	500m/15km/4km
Senior	17-19 years	750m/20km/5km

Distances and divisions will mirror those of SSA National Triathlon Championships.

All MC Athletes will race at the same time as the Juniors, over the same distance but will compete only against those other athletes entered in their MC Category.

The 11-19 Individual Aquathlon will be offered in the following Age Group and Distance for both Male and Female divisions:

Age Group	Age	Race Distance
Aquathlon	11-12 years	1km/200m/1km
MC Aquathlon	11-14 years	100m/1km
MC Aquathlon (Cat H)	11 – 14 years	100m/400m
MC Aquathlon	15-19 years	200m/2km
MC Aquathlon (Cat H)	15 – 19 years	200m/400m

Distances and divisions will mirror those of SSA National Triathlon Championships.

The 13-19 Regional Team Triathlon Relay will be conducted in the following Age Groups and Distances for both Male and Female divisions:

Age Group	Age	Race Distance
Junior	13-14 years	300m/10km/2km
Intermediate	15-16 years	
Senior	17-19 years	

A MC Triathlete may compete in either the Regional Relay or the MC Aquathlon but NOT both. MC Athletes may not use Guides/Handlers/Support in the regional team relay as per Competition Rules.

The age determination date for all events is 31 December in the year of competition.

Requirements of competition

The state championships will be organised by the Host Regional School Sport Office Team in conjunction with the QRSS – Triathlon Executive.

A professional race director will be appointed

The event must be sanctioned by AusTriathlon

Medical personnel must be present

Water safety personnel must be present

A full road closure for the cycle leg is required.

Organisation

There will be a pre championship meeting on Day 1.

There will be a Regional Delegates Meeting during the course of the championships (ideally on Day 2).

A photographer will be available for Team Photos at the event on both Day 1 and Day 3 of competition.

Contingency plan for adverse race conditions

- If there are adverse weather conditions or water conditions, preventing the conducting of a safe open water swim, the following procedures will be followed:
 - The individual event will be postponed and will be run on the third day of the championships. As a consequence, the relay event will be cancelled.
 - If there are still adverse water conditions on the third day of the championships, the 13-19 individual races will become a Duathlon. The distances of the adjusted event will be as follows:
 - Senior 1.5km run, 20km bike, 5km run
 - Intermediate 1km run, 15km bike, 4km run
 - Junior 750m run, 10km bike, 2km run



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In this circumstance the 11-19 aquathlon will be cancelled.

If there are adverse road conditions on the third day of the championships, the 13-19 years individual race will become an aquathlon. The distances will be as follows:

- Senior 750m swim, 5km run
 - Intermediate 500m swim, 4km run
 - Junior 300m swim, 2km run
- If there are both adverse road and water conditions on the third day, all events that day will be cancelled.
 - If conditions allow for the individual competition to take place on the second day of the championships and there are adverse water conditions on the third day the regional relay competition will become a duathlon [2/10/2] and the 11-12 years aquathlon will be cancelled.
 - If conditions allow for the individual competition to take place on the second day of the championships and there are adverse road conditions on the third day the regional relay competition will become an aquathlon [2/300/2] and the 11-12 aquathlon will take place in the specified format.

Bicycle Safety

Competitors are required to abide by all Local and Queensland Traffic Laws when riding their bikes at all times. This includes before, during and after the event. Particular attention must be paid to the use of Helmets and Lights. A competitor will be given one warning. A second infringement will result in disqualification from that point onwards.

Special Rulings for QRSS Triathlon

A Draft Zone of 7m x 3m for the Bike Leg

Wheels to meet ruling 3.13 (a,c,d,e) in the AusTriathlon Competition Rules or the UCI approved or nonstandard wheels list.

Bikes must meet the requirements for World Triathlon Draft Legal Racing

Regional triathlon relays

All athletes in the individual event must also compete in the relay event. A relay championship will be conducted for males and females in each age group.

The first regional team in each age group must be made up of the athletes of the same gender, except where a region has less than three athletes in a specific age group.

Individual event — the first four competitors from each region will gain points after competing in the individual championship event. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Regional relays — the first relay team from each region will gain points. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Aquathlon points calculation

The first five competitors from each region will gain points after competing in the individual championship event.

Points are awarded as follows:

1st	2nd	3rd	4th	5th	6th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Multi-class points calculation

Individual events — the first three competitors from each region will gain points after competing in the individual championship event. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

The sum total of each region in each perpetual trophy category shall then be ranked 1–10 for each age group male and female and a total ranking will determine overall placing's.



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Selection process and criteria

Selection Panel

- Chair of selectors - Queensland Coach/Manager or Sport Executive member
- At least one selector from each Metropolitan (North, East and West), Coastal (South, Sunshine and Darling Downs) and Regional (Capricornia, Wide Bay, Northern and Peninsula) School Sport Regions
- Additional selector (If required)

The chair of the selectors will be the:

- The chair of the selectors will be the Queensland Team Coach or Manager or Sport Executive Chair (or their Nominee)

Overall panel of selectors must have representation from each of the following regions:

- Metropolitan (1)
- Coasts and Darling Downs (1)
- Rural and Remote (1)

Process

Prior to the Championship

1. Queensland School Sport advertises for Team Official positions
2. Successful applicants must complete the mandatory training prior to the State Championship
3. QRSS will communicate the Chair of Selectors to each region
4. Region will send the final team lists to the Chair of Selectors
5. As part of bulletin 2, Regions will request nominations for the panel of selectors
6. Chair of selectors will complete the selectors booklet for distribution at the Pre-Championship meeting

At the Championship

1. Chair of selectors establishes a roster for each game
2. At least one member of the selection panel must be present for each game
3. Each panel member must attempt to see part of each of the games (draw permitting)
4. Regional team officials must be consulted daily regarding selection
5. Notes must be kept for each athlete wishing to be selected

Schedule

Pre-Championship Meeting

- Meet and discuss the selection booklet
- Establish the criteria
- Absent Competitors Applications Tabled and communicated to all Regions

Day 1

- Individual Triathlon Event results analysed
- Absent Competitor Applications assessed
- QRSS Maroon Team finalised
- QRSS White Team (if competing) selections considered and finalised

Day 2

- Individual Aquathlon Event results analysed
- Absent Competitor Applications assessed
- QRSS Maroon Team finalised
- QRSS White Team (if competing) selections considered and finalised



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Sport Specific Selection Processes

The finishing order of an athlete in the Individual Event of the QRSS State Championship will be used primarily to determine the selection of athletes in the QRSS Team to compete at the SSA National Championships that year.

Triathlon

- The first five athletes across the line in the individual triathlon will be selected in the QRSS “Maroon” state team.
- An athlete who is disqualified is ineligible for selection in the state team.
- The sixth athlete across the line will be selected unless an absentee application is successful.
- Grounds for absence:
 - Medical condition on the days of competition.
 - Absence due to competing at a higher level of competition (National/International) in the same sport and same discipline.
 - Absence due to competing in another QRSS (State Team) or SSA (National Team) in a different sport.
 - Bereavement of Compassionate reasons.

Aquathlon

- The first eight athletes across the line will be selected in the QRSS state team.
- An athlete who is disqualified is ineligible for selection in the state team.

Multiclass Triathlon and Aquathlon

- A team of multiclass athletes may be selected to represent Queensland at the School Sport Australia Triathlon Championships.
- The team may consist of up to six athletes for each age group and gender and will be nominated in their respective category (refer to multi-class categories) using primarily their finishing order.

Aquathlon

- Male and Female 11-14 Years
- Male and Female 15-19 Years

Triathlon

- Male and Female Junior 13-14 Years
- Male and Female Intermediate 15-16 Years
- Male and Female Senior 17-19 Years

White Team

Where Queensland Representative School Sport is able to (and decides to) enter a second team to compete at the National Championships the following criteria shall be used to select members of this second team (known as the QRSS White Team)

Following the selection of the QRSS “Maroon Team”

- An athlete who is disqualified is ineligible for selection in the QRSS White Team
- Regardless of their finishing place, the next two “bottom age” and next two “top age” athletes to cross the line after the athletes selected in the QRSS Team, within each age group, will be selected in the QRSS White Team.
- The selection committee may select the final two members of the team considering the following criteria:
 - Athletes submitting eligible “Absent Competitor” applications
 - Providing experience and development of an athlete for future National Championships
 - Ability of an athlete/team to be competitive in a Draft Legal Race Format at the National Championships

Should the criteria above not be applicable, the selection of the final two positions of the Queensland White will be (regardless of their finishing place) the next “bottom of age” and next “top of age” athlete across the line after those already selected in the team.

The following factors will also be considered for athletes wishing to be selected in the QRSS Team:

- **Attitude and Coachability:** Positive, committed and focused players. The player pays attention, listens to the coach and apply instructions. As players develop, their roles on the team become more defined. Teams are selected to maximize the development of players into their roles.
- **Communication:** Contributes to a positive team environment through the appropriate use of language towards teammates. Articulates direction on court or field of play when necessary.
- **Team Work:** Demonstration of leadership, fair play and cooperation.



