

Queensland School Sport



11-19 years Triathlon / Aquathlon Competition Procedures

Updated 3/04/2020



QUEENSLAND GOVERNMENT

Contents

1	Queensland School Sport Internal Structures	1
1.1	Sport Specific Committees and Advisory Groups	1
1.2	Registration of New Sports	1
1.3	Alternative Procedures Enabling Participation at a School Sport Australia Competition.....	1
1.4	De-registration of Sports	1
1.5	Sport Specific Committee Reports	1
1.6	State Sport Committee Finances	1
2	Approval of Competitions	1
3	Competition Programs.....	1
3.1	State Championships (Inter-regional Competition)	1
3.2	State Championship Competition Rules	1
3.3	School Based Competitions	5
3.4	Sponsorship	5
4	Access to State Championships.....	5
4.1	Eligibility	5
4.2	Centres of Athletic Development.....	5
4.3	Guidelines for Gender Equity in Sport	5
5	Conduct of State Championships.....	5
5.1	Championship Host.....	5
5.2	Participation.....	6
5.3	Finance.....	6
5.4	Accommodation Framework	6
5.5	Event Officials	6
5.6	Complaints Management	6
5.7	Meetings.....	6
5.8	Health and Safety.....	6
5.9	Excursions and Functions	6
5.10	State Team Selections	6
5.11	Host Report	6
5.12	Travel Subsidy.....	6
5.13	Requests for Access to Students	6
5.14	Loss or Damage of Equipment at State Championships	6
5.15	Photography	6
5.16	Trophies and Presentations	6
5.17	Areas of Responsibility.....	6
5.18	Minimum Venue Standards.....	6
5.19	Regional Delegates Role	6
6	Queensland Teams.....	6
6.1	State Team Selection Policies	6
6.2	Selection Policy Guidelines.....	6
6.3	Participation at National Events	8
6.4	Appointment of Team Officials	8
6.5	Uniforms	8
6.6	Travel Policy.....	8
6.7	Queensland Team Preparation	8

6.8	Risk Management	8
6.9	Guidelines for Interstate Exchanges / Non School Sport Australia Events	8
6.10	International Tours	8
6.11	Costs	8
7	Accommodation framework	8
8	Codes of Conduct.....	9
8.1	Team Members, Parents and Spectators	9
8.2	Team Officials	9
9	Team Officials – Duty of Supervision.....	9
10	Procedures for the Investigation and Recording of Misconduct	9

This document **must** be read in conjunction with the
QSSMG Competition Procedures.

1 Queensland School Sport Internal Structures

1.1 Sport Specific Committees and Advisory Groups

The Queensland School Sport (QSS) 11-19 years Triathlon / Aquathlon sports specific committee follows:

- Queensland School Sport Management Group (QSSMG) Competition Procedures.
- Queensland School Sport 11-19 years Triathlon / Aquathlon Competition Procedures

QSS 11-19 years Triathlon / Aquathlon Competition Procedures and QSSMG Competition Procedures must be read in conjunction with one another.

1.2 Registration of New Sports

1.3 Alternative Procedures Enabling Participation at a School Sport Australia Competition

1.4 De-registration of Sports

1.5 Sport Specific Committee Reports

1.6 State Sport Committee Finances

2 Approval of Competitions

3 Competition Programs

3.1 State Championships (Inter-regional Competition)

3.2 State Championship Competition Rules

3.2.1 Structure

3.2.1.1 The event will take place over three days:

Day 1	13-19	Course Orientation
Day 2	13-19	Individual Regional Triathlon
Day 3	13-19	Regional Triathlon Relay
	11-12	Individual Regional Aquathlon

3.2.1.2 The 13-19 Individual Regional Triathlon will be offered in three divisions:

Junior	13-14 years, race distances	300m/10km/2km
Intermediate	15-16 years, race distances	500m/15km/4km
Senior	17 –19 years, race distance	750m/20km/5km

These distances and divisions will mirror those of SSA Triathlon Championships.

The 11-12 individual regional aquathlon will be offered in one division:

- The distance for this event 1km/200m/1km

The 13-19 regional triathlon relay will be offered in the three age divisions - junior, intermediate and senior:

- The distance for these events 300m/10km/2km with an athlete completing only one leg

The age determination date is 31 December of the year of competition.

3.2.2 Requirements of competition

- The state championships will be organised by the Queensland Schools' Triathlon Committee.
- A professional race director will be appointed
- The event must be sanctioned by Triathlon Queensland
- Medical personnel must be present
- Water safety personnel must be present
- Full road closure for the cycle leg

3.2.3 Organisation

- There will be a pre championship meeting and a post championship meeting
- The triathlon committee executive will be elected at the post championship meeting
- A dinner for officials during the championship is highly desirable
- The Queensland Secondary Schools' Triathlon committee will meet throughout the year

3.2.4 Contingency plan for adverse race conditions

If there are adverse weather conditions or water conditions, such as thunderstorms or severe wind and rain and/or a high level of jelly fish or blue bottles, the following procedures will be followed:

3.2.4.1 The individual event will be postponed and will be run on the third day of the championships. As a consequence the relay event will be cancelled.

3.2.4.2 If there are still adverse water conditions on the third day of the championships, the 13-19 individual races will become a bike/run with a Le Mans style start. In this circumstance the 11-12 aquathlon will be cancelled. The distances of the adjusted event will be as follows:

Senior	750m run, 20km bike, 5km run
Intermediate	750m run, 15km bike, 4km run
Junior	750m run, 12km bike, 2km run

3.2.4.3 If there are adverse road conditions on the third day of the championships, the 13-19 years individual race will become an aquathlon. The distances will be as follows:

Senior	750m swim, 5km run
Intermediate	500m swim, 4km run
Junior	300m swim, 2km run

- 3.2.4.4 If there are both adverse road and water conditions on the third day, all events that day will be cancelled.
- 3.2.4.5 If conditions allow for the individual competition to take place on the second day of the championships and there are adverse water conditions on the third day the regional relay competition will become a duathlon [2/15/4] and the 11-12 years aquathlon will be cancelled.
- 3.2.4.6 If conditions allow for the individual competition to take place on the second day of the championships and there are adverse road conditions on the third day the regional relay competition will become an aquathlon [2/600/2] and the 11-12 aquathlon will take place in the specified format.

3.2.5 Rules

The championship is a non-drafting event and are to be conducted under the rules as endorsed by Triathlon Australia except wherein stated. A full list of the rules can be found on the TA website <http://www.triathlon.org.au/>.

3.2.5.1 Regional team selection

3.2.5.1.1 Triathlon

A maximum of 10 competitors, male and female, per age group may represent the region in both the individual event and team relays. There is no minimum number of competitors in a regional team.

3.2.5.1.2 Aquathlon

A maximum of 10 competitors, male and female, to compete in this event. Athletes must turn either 11 or 12 years in the year of competition.

3.2.5.2 School triathlon specific rules

3.2.5.2.1 Commitment to the championships

- It is a requirement that all competitors be present for the duration of the championships.
- If unforeseen circumstances occur and a competitor is required to leave the championships before the relay event they must apply for permission from the schools' race referee who is appointed by the committee.
- If a competitor leaves without permission, or in an emergency without later explanation, and does not compete in the relay event they may be disqualified from the individual event.

3.2.5.2.2 Uniform

- All competitors must wear official regional apparel, for the duration of the championships including registration, individual events, relays events, and presentations.
- Speedsuits or similar are not permitted.
- The swim cap provided in the race kit must be worn in the swim.
- Athletes who do not comply with the uniform requirements may be disqualified.

3.2.5.2.3 Identification

- All race identification provided by the race organising committee must be displayed as specified.
- A race number must be used for the bike and the run as specified.(if provided)

3.2.5.3 Bicycle Safety

- Competitors are required to wear bike helmets when riding their bikes during the championship period [day one 12.00 noon until day three 12.00 noon].
- A competitor will be given one warning. A second helmet infringement will result in disqualification from that point onwards.
- Students riding the course before daybreak must use front and rear lights for the duration of the championship.

3.2.5.4 Special Rulings for QSS Triathlon

- A Draft Zone of 7m x 3m for the Bike Leg
- Wheels to meet ruling 3.13 (a,c,d,e) in the Triathlon Australia Competition Rules **or** the UCI approved or nonstandard wheels list.
- Clip-ons **are** allowed provided they do not pass the foremost line of the break leavers and are to be connected by a solid factory bridge (at the All Schools Triathlon we will suggest that athletes do not need these for the style of course it is but the option is there).
- No Time Trial Bikes or helmets

3.2.5.5 Regional triathlon relays

- All athletes in the individual event must also compete in the relay event.
- A relay championship will be conducted for males and females in each age group.
- The first regional team in each age group must be made up of the athletes of the same gender, except where a region has less than three athletes in a specific age group.

3.2.5.6 Presentation

- 13-19 regional individual triathlon – the 1st, 2nd and 3rd placegetters will be awarded a medallion.
- 13-19 regional relay event – all athletes in the teams that place 1st, 2nd and 3rd will be awarded medallions. All approved regional teams entered in this event are eligible for medallions.
- 11-12 individual aquathlon – the 1st, 2nd and 3rd placegetters will be awarded a medallion.
- A perpetual trophy will be presented to the champion triathlon region, based on individual and relay points.
- A perpetual trophy will be presented to the champion aquathlon region, based on individual points.

3.2.5.7 Triathlon points calculation

- A perpetual trophy will be presented to the champion region of combined triathlon and aquathlon results.

- Individual event — the first four competitors from each region will gain points after competing in the individual championship event. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6 th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Sum total of each region shall then be ranked 1–10 for each age group male and female and a total ranking will determine overall placing's.

- Regional relays — the first relay team from each region will gain points. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6 th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Sum total of each region shall then be ranked 1–10 for each age group male and female and a total ranking will determine overall placing's.

3.2.5.8 Aquathlon points calculation

The first four competitors from each region will gain points after competing in the individual championship event. Points are awarded as follows:

1st	2nd	3rd	4th	5th	6 th to end	DNF	DQ
1	2	3	4	5	6,7,8...etc	No.in field	No. in field + 1

Sum total of each region shall then be ranked 1–10 for each age group male and female and a total ranking will determine overall placing's.

3.2.5.9 Championship points calculation – Overall trophy

Overall points will be calculated on a tally of individual triathlon points, relay points and aquathlon points.

3.3 School Based Competitions

3.4 Sponsorship

4 Access to State Championships

4.1 Eligibility

- 4.1.1 Competitors will need to be selected in a regional team to compete at this event. Most regions hold their qualifying event in the year preceding the competition.

4.2 Centres of Athletic Development

4.3 Guidelines for Gender Equity in Sport

5 Conduct of State Championships

5.1 Championship Host

5.2 Participation

5.3 Finance

5.4 Accommodation Framework

5.5 Event Officials

5.6 Complaints Management

5.7 Meetings

5.8 Health and Safety

5.9 Excursions and Functions

5.10 State Team Selections

5.11 Host Report

5.12 Travel Subsidy

5.13 Requests for Access to Students

5.14 Loss or Damage of Equipment at State Championships

5.15 Photography

5.16 Trophies and Presentations

5.17 Areas of Responsibility

5.18 Minimum Venue Standards

5.19 Regional Delegates Role

6 Queensland Teams

6.1 State Team Selection Policies

The selection committee will consist of the convenor, a member of the executive and a state team manager and will be appointed at the pre carnival meeting.

6.2 Selection Policy Guidelines

6.2.1 Queensland team selection policy and procedures

The major criterion for selection will be the performance of the athlete at the State championships and the attitude and behaviour of the athlete as a member of the team.

- 6.2.1.1 The first five athletes across the line will be selected in the triathlon state team and the first 7 athletes across the line will be selected in the aquathlon state team.
- 6.2.1.2 An athlete who is disqualified is ineligible for selection in the state team.
- 6.2.1.3 The sixth triathlon and eighth aquathlon athletes across the line will be selected unless a special consideration application is successful.

6.2.2 Queensland Team

6.2.2.1 A team of up to 36 triathlon and 16 aquathlon competitors may be selected to represent Queensland at the School Sport Australia Triathlon Championships. The triathlon team may consist of six males and six females in each age division and the aquathlon team may consist of eight males and eight females:

Junior triathlon	13/14 years
Intermediate triathlon	15/16 years
Senior triathlon	17/18/19 years
Aquathlon	11/12 years

The age determination date is 31 December of the year of the state championship.

- 6.2.2.2 Reserve athletes for each division will be named.
- 6.2.2.3 All competitors selected in the Queensland Team and reserves must attend the mandatory meeting beginning at 11.00 am on day three of the championships.
- 6.2.2.4 If the team is selected under 'Contingency plan for adverse race conditions' (3.2.4) the first ten placegetters in each age group must attend the Queensland team meeting at 11.00 am on day three of the championships.
- 6.2.2.5 Apparel fitting will take place at this meeting.

6.2.3 Selection procedures

- 6.2.3.1 The selectors will meet after the first day of the competition.
- 6.2.3.2 The selectors must consider the names of athletes put forward at the pre championship meeting who meet the criteria for special consideration. Regional managers need to make themselves aware of the standards necessary for selection of an athlete in a Queensland team and only put forward applications from athletes who meet the criteria for consideration.

6.2.4 Announcement of the Queensland team

- 6.2.4.1 The selectors must submit the final team to the executive of the Committee for ratification prior to the announcement.
- 6.2.4.2 The Queensland team will be announced at the presentations on the third day of the championships.

6.2.4.3 If the team is selected under 3.2.4.4 team members will be informed of their selection, by email in a timely manner.

6.2.5 State team selection in the event of any changes due to adverse conditions

6.2.5.1 The team will be selected at the absolute discretion of the Queensland Schools Triathlon Selection Committee. The selectors' decisions are final.

6.2.5.2 If a bike/run or aquathlon is conducted the top 10 competitors, in the modified event, will be considered for membership of the Queensland team. The selection committee will also consider performances at the following events:

- the previous year's Queensland Schools' Championships
- the previous year's School Sport Australia Championships
- the current year's Regional Team Selection Events
- recent Triathlon Queensland or Triathlon Australia sanctioned events if required

6.3 Participation at National Events

6.4 Appointment of Team Officials

- There will be five team officials selected.
- Team officials must have attended a minimum of two QSS triathlon championships as a regional team official or executive member to be eligible for selection.
- One of these officials will be appointed as a coach. The coach must have a current NCAS Level 1 Triathlon Coaching Accreditation.
- Preference should be given to suitably qualified practicing registered teachers.
- Non teacher officials must be able to provide certification of holding a current Blue Card.

6.5 Uniforms

6.6 Travel Policy

6.7 Queensland Team Preparation

6.8 Risk Management

6.9 Guidelines for Interstate Exchanges / Non School Sport Australia Events

6.10 International Tours

6.11 Costs

7 Accommodation framework

8 Codes of Conduct

8.1 Team Members, Parents and Spectators

8.2 Team Officials

9 Team Officials – Duty of Supervision

10 Procedures for the Investigation and Recording of Misconduct