

Alexa Holroyd

Sunshine Coast Region

Football – Queensland School Sport Merit Team 2021

What advice would you give to another athlete wanting to succeed in their sport?

"…keep a positive attitude and positive mindset and never give up"

ABOUT ME

MY ATHLETE JOURNEY

PERSONAL GOALS:

To play for the Matildas and to play in the 2032 Olympics.

FAVOURITE SPORTING TEAMS: The Matildas and the England team

MY ROLE MODEL: Teagan Micah

FAVOURITE SCHOOL SUBJECTS: ELO – Football Academy, Health and Wellbeing, Wood Work and Cooking.

GO TO FOOD: My favourite food is tacos.

CAREER GOALS: To play professionally for the Matildas

What do you enjoy most about competing? I enjoy the fact that it makes you focus and it motivates you to work harder and it is fun and exciting.

What aspect of training or competition do you believe you need to improve the most? Calling for the ball and being more vocal.

What advice would you give to another athlete wanting to succeed in their sport?

I would say to keep a positive attitude and positive mindset and never give up especially when it gets hard and just because you don't succeed, doesn't mean that you never will.

As a young footballer, what has your sporting journey looked like so far?

I am from England, and have been playing football for just over 2 years. I played hockey before football. My goalkeeper coach is John Gorza (Matildas goalkeeping coach) and I have trained with Teagan Micah.



