



ABOUT ME

PERSONAL GOALS:

To graduate school and hopefully be a successful athlete.

FAVOURITE SPORTING TEAM:

Warriors

MY ROLE MODEL:

Portia Woodman

FAVOURITE SCHOOL SUBJECT:

History and the Rugby League Excellence Program

IF YOU MET YOUR FAVOURITE ATHLETE, WHAT QUESTIONS WOULD YOU ASK THEM:

What does it take to be a successful athlete? What or who inspired you?

CAREER GOALS:

Gaining new skills, train daily, lead by example, motivate others and work hard. Hopefully one day play professional sport.

MY ATHLETE JOURNEY

What is your favourite school sport memory?

Winning my first State Championship in rugby league and being selected for the Queensland School Sport merit team. Also meeting so many new friends along the way.

What motivates you to continue on your athlete journey?

Seeing myself progress and seeing results from my hard work. The continuous support of my coach and family. My team, as we all have the same goals. To achieve winning both state championships in rugby league and netball this year is a massive accomplishment and this motivates me to continue pushing through.

What do you enjoy most about competing?

I enjoy meeting new people and also watching all the talent I come up against and play with. I love a good challenge and learning from others and I'm a very competitive person.

What advice would you give to another athlete wanting to succeed in their sport?

Never say never. Don't ever give up. I've grown up to know that the sky is the limit and if you want something it takes hard work and dedication.

Jayda Penitani

Metropolitan East Region

Queensland School Sport
Merit Team 2021: Rugby League

2021 State Champion – Rugby League,
Netball

All athletes on occasions have bad days, either at training, in competition or both. How do you overcome these “low” days?

“Yes I’ve definitely had one of those days. I’ve learnt to brush it off and come back harder. You only learn from your mistakes and you definitely grow from them. So head up and keep grinding.”



Queensland
Government



QUEENSLAND
SCHOOL SPORT
Est. 1920