



ABOUT ME

PERSONAL GOALS:

To score a goal in the Premier League and to try as hard as possible in everything I do.

FAVOURITE SPORTING TEAM/ATHLETE:

Newcastle United

FAVOURITE ATHLETE:

Lionel Messi

FAVOURITE SCHOOL SUBJECT:

Science

KEAGAN'S QUICK FACTS:

I am School Captain, my juggling record is over 1000 and I can solve a Rubik's Cube in under 40 seconds.

MY ATHLETE JOURNEY

What is your favourite school sport memory?

Winning the State Championship.

What motivates you to continue on your athlete journey?

My friends who play with me, wanting to be the best and having fun.

What personal habits / routines do you use to prepare for "Game day"?

Roll and stretch out at home and read a book or listen to music in the car on the way.

All athletes on occasions have bad days, either at training, in competition or both. How do you overcome these "low" days?

I look at what I did wrong and think about how I can do better, talking to my parents also helps.

How would your teammates describe you?

Small and skilful.

What aspect of training or competition do you believe you need to improve the most?

Not getting as nervous before games.

Keagan Kirkpatrick

South Coast Region

Football – Queensland School Sport
Merit Team 2021

Other sports: **Basketball, Cross Country,
Track and Field**

What advice would you give to another athlete wanting to succeed in their sport?

"Practice doesn't make perfect, perfect practice makes perfect"



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