

Payton Rose

Peninsula Region

Football – Queensland School Sport Merit Team 2021

Peninsula Representative – **Australian Rules Football**

Other sports: Cross Country, Track and Field

What do you enjoy most about competing?

"I enjoy competing against players who are better than me, it challenges and motivates me to work harder and be better."

PERSONAL GOALS:

To play for the Matildas and travel the world playing football whilst experiencing and learning about different cultures.

MY ROLE MODEL:

Chloe Logarzo. After being told she was too small to be an elite footballer, Chloe overcame this setback and now plays professionally in the National Women's Soccer League and for the Matildas. Chloe is a great advocate for girls in football through her clinics and I am very proud to say I personally arranged for her to come to Cairns to run a clinic for young girls to promote and inspire regional girls football.

FAVOURITE SCHOOL SUBJECTS:

Health and Physical Education and Maths

CAREER GOALS:

MY ATHLETE JOURNEY

I would like to be a forensic investigator and play professional football.

What is your favourite school sport memory?

The excitement I felt when my name was called as being selected in the Queensland Merit Team at my very first school sport championships.

What motivates you to continue on your athlete journey?

The friends and memories I am making as I develop my football skills and chasing my dream to one day play for the Matildas.

What personal habits / routines do you use to prepare for "Game day"?

On game day I like to wear my hair in braids, and I always put my right sock and boot on first.

All athletes on occasions have bad days, either at training, in competition or both. How do you overcome these "low" days?

I think about what went wrong and speak to my coach on what I can do differently next time. I try not to get myself down as I am still young and learning.

How would you describe yourself?

I would describe myself as a kind person on and off the field. I am a hard worker and somebody who lifts my teammates spirits when they are down.

What advice would you give to another athlete wanting to succeed in their sport?

Make sure you are always having fun and surround yourself with positive people. When things get tough keep pushing yourself, and one day you will find yourself where you want to be.



